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SUSPECTS DENY VIA CONSPIRACY

TWO MEN ACCUSED IN AN
ALLEGED CONSPIRACY TO DERAIL
A PASSENGER TRAIN MAKE THEIR
FIRST COURT APPEARANCES

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Wedding-bell blahs, blues and boo-boos

Hollywood has a knack for milking the
laughs from nutty nuptials. Diane
Keaton stars in the latest flick about tying
the knot ... into a noose

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Nova Scotia Premier Darrell Dexter, right, arrives on Parliament Hill on Tuesday with Rehtaeh Parsons' mother Leah Parsons, middle right, and her partner, Jason Barnes, as well as Rehtaeh's father, Glen Canning, back left, and his wife, Krista, back right. They came to discuss the Rehtaeh Parsons case with Prime Minister Stephen Harper.
SEAN KILPATRICK/THE CANADIAN PRESS

Parsons' family meets with Harper

Criminal code. Nova
Scotia pushes for
10-year penalty for
distributing intimate
images without
consent in wake of
teen's death



ALEX
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Rehtaeh Parsons' family met
with Prime Minister Stephen
Harper privately Tuesday
to discuss possible changes
to the criminal code in the
wake of their daughter's
death.

Parsons' father Glen Can-
ning said after the meeting
he doesn't know what the
federal government can or
will do, but said the meet-
ing with Harper was "heart-
felt" and he said he was con-
vinced the prime minister
cares about his daughter's
case.

Helpless

"The way the laws are set in Canada right now,
there was absolutely nothing we could do but
stand there and watch her die."

Glen Canning, father of the late Rehtaeh Parsons

And he was very clear
about what the family is ask-
ing for.

"I'm looking for someone
who posts a picture of some-
one with the intention of
completely destroying their
life to be held accountable
for doing that," Canning
said.

"And right now they just
weren't. And that's frustrat-
ing. That's very frustrating."

The family, as well as the
Nova Scotia government, has
been pushing for changes
to the Criminal Code that
would make it an offence
to transmit intimate images
without consent.

Those calls grew louder
as news of Parsons' death
spread across the country.
Her family alleges she was
sexually assaulted at a party

and images of the 15-year-old
were transmitted online.

Parsons attempted to
hang herself on April 4 and
was taken off life support
days later.

Justice Minister Rob
Nicholson said the federal
government would do its
part in protecting victims'
rights, but did not discuss
specifics about any proposed
changes to the criminal code.

"Changes to the Criminal
Code will be separate from
(victims'-rights legislation),"
Nicholson, who also met
with the family, said Tues-
day. "But, nonetheless, we
want to have one document
that victims can look to (to)
ensure that their rights are
being protected and know
what remedies (are) available
to them."



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City wants new vision for suburban planning

Proposals sought.
Old thinking on subdivision design not working: Documents



ALEX BOUTILIER
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Antiquated thinking on suburban design is creating problems for the City of Ottawa, necessitating a rethink of subdivision design that both accommodates multi-car households and creates walkable communities, according to a request for proposals issued Tuesday.

Ottawa City Hall is looking for a firm to come up with a new set of suburban subdivision design standards, bringing together bureaucrats, public utilities and private developers.

"With lot sizes getting smaller, issues of parking (residential and visitor), trees, sidewalks, snow storage and utility placement have come in conflict," reads the request for proposals. "New approaches to subdivision design are needed to avoid these conflicts in new subdivisions going forward. Parks and open spaces must also be examined in terms of their location and role as part of a neighbourhood's fabric."

The overall goal of the new

design standards, expected in 2014, is to create new suburban communities that balance the needs of multi-car households while ensuring "complete communities." The reality is that most suburbanites are going to drive, the report notes, but walking within the community should still be a "viable and instinctive option."

Specifically, the city is looking to review "design elements" including residential and visitor parking, rear lanes, trees, utility placement, street layout, parks and school sites.

Each element has its own set of challenges. Tree canopies, for instance, are difficult to achieve due to the fact most of suburban Ottawa is built on marine clay soils. And conventional parking standards are not being followed with larger vehicles encroaching on streets, limiting both parking and inhibiting walking.

The consultant, once selected, will be expected to wrangle together a wide range of interests, including 14 representatives from various city departments, three reps from utilities, Hydro Ottawa and school boards, and another three reps from the development industry. Meeting with up to 10 suburban councillors will also be required.

The new standards are expected to take up to a year to develop, at a cost of \$125,000.



Pair sought in March bank robbery

Police have released security images of two suspects and a black Nissan Altima getaway car in a March 28 holdup at a Barrhaven bank branch last month. Around 11 a.m. on March 28, a man dressed head to toe in black made repeated demands for cash from tellers and other bank workers at a branch on Strandherd Drive. Both suspects are described as white, and the Altima driver is described as having short-cropped hair and as being larger than the man who entered the bank. The man who made the demands for cash is said to be 25 to 30 years old, six feet tall and roughly 190 pounds. He wore black gloves, sunglasses and a handkerchief covering his face. Anyone with information is asked to contact the robbery unit at 613-236-1222. POLICE HANDOUT

A look back

Women in focus at Gatineau Beerfest

The Gatineau Beerfest is using this year's event to put the spotlight on the long and storied history of women in the beer industry.

The festival, taking place at the end of May, will feature the impact women have had on the beer industry over the course of its history.

"Women have been part of this industry for much longer than we think," said Manu Teixeira, one of the event's organizers.

"On the site, there's going to be lots of signs



Revellers sample suds at the 2012 Gatineau Beerfest. CONTRIBUTED

explaining the impacts of women on beer history."

The festival is also moving to a larger venue closer to Ottawa, in an attempt to bring more tourist foot traffic.

The three-day event will be housed at Jacques Cartier Park, where organizers expect to draw 35,000 to 40,000 people. A total of 55

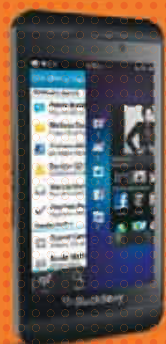
exhibitors have signed on — three-quarters of them brewers, offering more than 350 distinct brews, with food vendors rounding out the roster.

Organizers are attempting to make the festival a family-friendly event, with live music and street performers, seminars on women's impact on beer history, and an overriding philosophy of "drink less, drink better."

The Gatineau Beerfest will be held from May 24 to 26. Tickets are \$12 per day or \$24 for all three days, and are available at festibièredegatineau.ca.

ALEX BOUTILIER/METRO

1 NEWS



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The anxiety of compromising photos being distributed online could instil more fear than an unwanted sexual encounter with a stranger, says a bullying expert. ISTOCK PHOTO

Power to show naked pictures online enough to coerce teens into prostitution, prof says

Threats to distribute naked pictures of six teen girls allegedly made by two accused teen pimps would have been enough to coerce the girls into prostitution, said a University of Ottawa bullying expert Tuesday.

"The shunning and fear of that instils more fear than having a sexual encounter with a stranger. That speaks volumes," said Tracy Vaillancourt, a Canada Research Chair and expert on children's mental health who studies bullying and peer victimization.

"Girls bully other girls and call them sluts. That's the worst that you could be

called, in a sense," she said, pointing out the alleged victims in the case would have an easier time keeping one-on-one sexual encounters private rather than having lewd photos of themselves distributed online.

At the Elgin Street courthouse Tuesday, one alleged victim told a defence lawyer who asked why she didn't run from a john's car that naked pictures kept her there.

"They threatened to steal my stuff and tell people what I did and probably send the pictures out to people," said the girl, who cannot be named as the

result of a publication ban.

She says she was lured on Facebook with offers to hang out, get a fake ID and go clubbing. She says she was ambushed when she met up with them. She says the girls dressed her up, smothered her with makeup and took photos of her naked and wearing lingerie with a camera phone and sent them on to a waiting john.

"It speaks to the power of the peer group," said Vaillancourt, who notes that part of the problem is that a lot of teens today have parents that didn't grow up online.

GRAHAM LANKTREE/METRO

Alleged pimping victim in tears following defence lawyer's 'walk on the wild side' barb

Trial. Teen says she feared blackmail, abuse, but lawyer charges cocaine was what really scared her



GRAHAM LANKTREE
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A teen girl allegedly pimped out by two others was taking a "walk on the wild side" when she met two johns and got in too deep, a defence lawyer charged Tuesday before the girl began to sob on the witness stand.

"Word got out on the street that (accused 1) and (accused 2) were spending time with men, being escorts and getting paid for it," said attorney Ken Hall, as he suggested what happened the night of May 18, 2012, when the

17-year-old girl says she was sexually exploited.

"The turning point was when man 2 brought the white lines out," said Hall, referring to the second alleged john the girl encountered and her testimony that he had white lines of powder on a table in his apartment connected to a warehouse in Ottawa's east end. "That's when the whole house of cards came crashing down. That scared you?"

The teen indicated she was scared of him already, since he was more than twice her age and suspected the white powder may have been cocaine.

"I wanted to get out of there already. But it made it scarier for me," she said before she asserted she didn't lie in her statement to police.

She then covered her mouth to stanch her sobs before leaving the stand.

The two girls are among three teens accused of pimping out six teen girls not much younger or older than themselves between May 18 and June 3, 2012. The trio face a litany of charges including human trafficking, procuring for prostitution and forcible confinement.

The second alleged john in the case took the stand in the afternoon to describe how he first made contact with one of the accused girls via a Craigslist ad in 2011.

"She came over, we had pizza. We had vodka cranberry," he said of their first meeting months later in the spring of 2012, noting that the 15-year-old had a fake ID that said she was in her 20s and that the meeting was for "communication, conversation."

"She was fine, she understood," said the man, who said he paid her \$160 for keeping him company. "It was time well spent."

Quoted

"The turning point was when man 2 brought the white lines out.... That's when the whole house of cards came crashing down. That scared you?"

Defence lawyer Ken Hall, referring to the second alleged john the girl encountered and her testimony that he had white lines of powder on a table in his apartment.

On the web

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Men deny VIA Rail terrorist plot; 'Let police do their job,' says dad



Talk about a media scrum! John Norris, Raed Jaser's lawyer, is surrounded by microphones and cameras at a Toronto courthouse on Tuesday. Jaser is seen in a court sketch at bottom right. Co-accused Chiheb Esseghaier, top right, attended court in Montreal. Both are charged in what the RCMP says is the first al-Qaida plot in Canada. TARA WALTON/TORSTAR NEWS SERVICE; THE CANADIAN PRESS



Ontario idea

All aboard... for security checks on trains?

The Ontario government wants to talk with its federal counterparts about beefing up security on passenger trains after the arrest of two men accused of planning to attack a VIA Rail train.

Attorney General John Gerretsen says airport security has received the lion's share of attention, but he thinks it may be time to change that.

Gerretsen wants federal and provincial security experts to look at the possibility of airport-style checks for passenger trains and other forms of public transport. He admits checking passengers' bags before they board trains is a possibility.

Gerretsen also says he was very pleased with the working relationships between the Ontario Provincial Police, RCMP and U.S. law-enforcement agencies in the latest arrests.

THE CANADIAN PRESS

Al-Qaida in Iran to blame? Two charged over alleged plan to hit passenger train appear in court

Two men charged in an alleged al-Qaida-supported terror plot to attack a VIA Rail passenger train disputed the allegations against them Tuesday as they made their

first appearances in court.

Raed Jaser, 35, and Chiheb Esseghaier, 30, are facing several terrorism charges each in what the RCMP is calling the first known alleged plot in Canada directed by the terrorist organization.

Esseghaier, who appeared in court in Montreal, stood calmly in the witness box and asked to address the court.

"The conclusions were made based on acts and words which are only appearances," he said.

The judge, Pierre Labelle, explained it wasn't the right venue for his remarks.

Both Esseghaier and Jaser are charged with conspiracy to murder for the benefit of a terrorist group, participating in a terrorist group and conspiring to interfere with transportation facilities for the benefit of a terrorist group.

Esseghaier faces an additional count of participating in a terrorist group.

If convicted, they could be

sentenced to life in prison.

Several family members attended Jaser's brief Toronto court appearance.

"Of course I am supporting my son, of course," said his father, Mohammed Jaser, as about two dozen journalists surrounded him. "Let the police do their job."

Jaser and Esseghaier were charged Monday in an alleged plot that the RCMP said involved "direction and guidance" from al-Qaida in Iran.

Tehran, meanwhile, de-

nied any links with an alleged plot and said the al-Qaida terrorist network had no presence in Iran.

The country's foreign ministry spokesperson, Ramin Mehmanparast, told reporters on Tuesday that groups such as al-Qaida have "no compatibility with Iran in both political and ideological fields."

He called the Canadian claims part of Ottawa's hostile policies against Tehran.

THE CANADIAN PRESS

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Jihad sites held deadly allure for Boston pair

The dead Boston bombing suspect, Tamerlan Tsarnaev, was an ardent reader of jihadist websites and extremist propaganda, U.S. officials said Tuesday.

And evidence suggests he and his wounded brother, Dzhokhar Tsarnaev, were both motivated by an anti-

American, radical version of Islam, the officials said.

Officials said Tamerlan, 26, frequently looked at extremist sites, including Inspire magazine, an English-language online publication produced by al-Qaida's Yemen affiliate. The magazine has endorsed lone-wolf terror attacks.

Meanwhile, Dzhokhar, 19 — suffering from a gunshot wound to the throat — was questioned in hospital by investigators, who let him write down his replies.

He has been charged with using and conspiring to use a weapon of mass destruction.

THE ASSOCIATED PRESS

Faraway tears

U.S. investigators travelled to southern Russia on Tuesday to talk to the parents of the Boston Marathon bomb suspects.

- Mother.** The suspects' mother, Zubeidat Tsarnaeva, appeared outside her home for the first time since the furor.

- Sadness.** She is in "very bad shape" and cries as she watches video of her dead son, said rights activist Heda Saratova.

Quoted

"This has been the most difficult week of our lives."

The family of schoolboy Martin Richard, the youngest of three people killed at the Boston Marathon finish line, who was laid to rest after a funeral mass

Korean War. Canadians honoured during 60th anniversary of armistice

There doesn't seem to be any other place in the world where perpetual enemies stare at each other in plain sight, with their feet firmly cemented to the ground and rock-hard fists at the ready for a battle that could come any minute — or not at all.

The Korean War still hasn't officially ended even after North and South Korea agreed to a ceasefire nearly 60 years ago. To this day, Republic of Korea guards keep watch on their neighbour to the north, whose main building lies just a stone's throw away within the Demilitarized Zone (DMZ).

So what's stopping soldiers on either side from jumping at each other's throats?

"Not much," says Korean War veteran Frank Bayne.

The former second lieutenant from Guelph visited the DMZ with 35 other Canadian veterans Tuesday as part of a commemorative trip organized by Veterans Affairs Canada to mark the 60th anniversary of the armistice. He said

Honouring our heroes

Dozens of young military personnel at Sang-Seung Observation Point in South Korea greeted the Canadian delegation with open arms at a briefing, which concluded with a moving video expressing their gratitude to Canadian forces.

- The trip comes as North Korea's Kim Jong-un has unleashed new threats to ignore the armistice and unleash a nuclear strike on South Korea.

he was one of the few troops who fired the final rounds of ammunition the day it was signed in 1953.

"So at midnight we all fired and then we went off and got drunk," said Bayne with a chuckle.

JOE LOFARO/METRO IN SEOUL

No tips for Trudeaus, says Laureen Harper

Living in the public eye. PM's wife says she could probably learn something from Liberal leader Justin Trudeau's wife, Sophie

Laureen Harper has no tips for the Trudeaus about raising a young family in the public eye.

In fact, Harper says, she could probably take lessons from newly elected Liberal leader Justin Trudeau's wife, Sophie. "I wouldn't give her any advice — they are more public," Laureen Harper said in a recent interview.

"She would walk down the street and people know her. I walk down the street and nobody would know me."

When Stephen Harper became leader of the Conservative party in 2004, the Harpers'

children were nine and five; the Trudeaus' are six and four.

In the nearly 10 years the Harpers have spent living in the public eye, they've kept Ben and Rachel mostly out of the spotlight, save for the obligatory family Christmas cards and occasional photo op.

The Harpers do make regular appearances at the children's extracurricular events, including sports tournaments on the weekends.

But the Trudeaus already have a much higher public profile among Canadians, Laureen Harper said. "They would probably have to deal with it a lot more than me."

Sophie Trudeau is a former model and television host, well-known in Quebec if not in the rest of the country.

Justin Trudeau has been in the spotlight since the day he was born; his father Pierre Trudeau was prime minister at the time. **THE CANADIAN PRESS**



Laureen Harper says the Trudeau family is much more public than the Harpers were when her husband became leader of the Conservative party in 2004. SEAN KILPATRICK/THE CANADIAN PRESS

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Forecast. Canada Post could have billion-dollar losses by 2020, report says

A think-tank commissioned by Canada Post is warning that the Crown corporation will be losing \$1 billion a year by the end of this decade.

The Conference Board of Canada says the postal service is being hit by a dramatic reduction in volumes in the age of digital communication.

It estimates that the volume of bills, invoices, advertising and publications handled by Canada Post will decline by more than 25 per cent by 2020.

The volume of parcel delivery is expected to buck the trend and grow by 26 per cent due to online shopping, but the Conference Board says it won't be enough to offset the revenue lost in other areas.

The report estimates \$576



New stamps commemorating classic Canadian rock bands including The Tragically Hip, Rush, The Guess Who and Beau Dommage will be available July 19. CANADA POST/THE CANADIAN PRESS

million a year could be saved by the elimination of door-to-door delivery for urban homes that get it — about one-third of Canada's households.

THE CANADIAN PRESS

CRTC

Sun News lobbies for guaranteed spot on dial

Sun News Network, the conservative-minded upstart that vowed to shake up the media landscape when it launched two years ago, made its pitch Tuesday to the federal broadcast regulator for a guaranteed

spot on the dial.

The Quebecor-owned network is seeking what is known as mandatory carriage from the Canadian Radio-television and Telecommunications Commission, which would require the channel to be included in every basic cable and satellite package across Canada. Mandatory carriage would generate significant revenue for the network.

THE CANADIAN PRESS

Poland. New regulations aim to force ritual-slaughter trade to minimize animal suffering

Poland's prime minister said Tuesday his government has drafted new regulations that would reduce the suffering of animals during slaughter, including for the needs of religious groups like Jews and Muslims.

Poland is covered by European Union laws allowing for ritual slaughter, but the country's own regulations say that an animal must be stunned before slaughter, including the

ritual practice of having its throat slit then bleeding out. Donald Tusk said his government wants to reconcile these approaches and ban the most drastic slaughter methods.

Ritual slaughter of animals is an important export earner for Poland, with markets in Israel and Muslim countries. It also offers thousands of jobs, at a time when Poland's jobless rate soared to 14.3 per cent.

THE ASSOCIATED PRESS

Loyalty program

Outgoing CEO says Rogers needs to 'significantly' up customer service

Rogers Communications says it plans to launch a loyalty rewards program this year, as part of a bid to improve its relationship with customers.

Outgoing CEO Nadir Mohamed said Tuesday the wireless, cable and media company needs to improve its customer service "significantly."

We "will actually further work to reinforce this idea that we value our customers (and) we reward our customers for staying with us," he told reporters in Toronto, before the company's annual meeting.

Some longtime customers have turned to the customer-service department to request discounts on their payments. They want the company to demonstrate that the company "values their tenure," he said.

While details of the rewards program weren't revealed, a broad range of the telecom company's services will be recognized in the program. It will also extend to its banking and credit-card services, which are expected to launch sometime this year.

THE CANADIAN PRESS



Nadir Mohamed, outgoing CEO of Rogers Communications, speaks at the company's AGM in Toronto on Tuesday. THE CANADIAN PRESS



India's outsourcing firms face U.S. backlash

Hewlett-Packard employees work at the company's Business Process Outsourcing centre in Bangalore, India, in this 2007 photo. For years, India's multibillion-dollar outsourcing industry skated over criticism that it was eliminating white-collar jobs in rich nations. Now, the industry's long-held fears of a backlash are being realized in its crucial U.S. market. Provisions in an overhaul of U.S. immigration law will close loopholes that allow outsourcing companies, both Indian and American, to pay guest workers in the U.S. at rates often below wages for equivalent-level Americans. THE ASSOCIATED PRESS FILE

Foreign workers program is meant for high-skilled positions, Carney says

Last hurrah. At his final appearance before the finance committee, BoC governor tackles variety of sensitive subjects



Mark Carney at a finance committee hearing, Tuesday. THE CANADIAN PRESS

Bank of Canada governor Mark Carney says the controversial temporary foreign workers program should not be used to drive wages down or to fill lower-skilled jobs.

Speaking to the Commons finance committee for the last time before his departure for London in June, Carney said the intent of the program is that it be used primarily to fill needs for high-skilled jobs temporarily, until businesses can train Canadians to take over.

In a two-hour appearance Tuesday, Carney used the occa-

sion to touch on a number of politically sensitive subjects, including the government's move to increase tariffs on imports from 72 countries, the labour market, the

Canada-U.S. price gap, and the contentious foreign-workers program.

The challenge of a skills shortage is not unique to Canada, Carney said, but the solution is training — not bringing in temporary foreign workers. Contrary to some views, he added, Canada's labour market is among the most flexible in terms of mobility among industrialized countries.

RBC outsourcing furor

- The foreign-workers program became a hot potato for the federal government after news broke that an outsourcing company doing work for the Royal Bank of Canada brought in foreign workers to do work that had been done by about 45 Canadians at the bank.

He added that the program should concentrate on shortages of high-skilled workers, and not on service jobs and other lower-wage categories that critics say are now being filled by foreign imports. The solution to that, said Carney, is for employers to pay higher wages and improve productivity. THE CANADIAN PRESS

Market Minute



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GOLD
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Natural gas: \$4.23 US (-4¢)
Dow Jones: 14,719.46 (+152.29)

Liquid gold. Thief makes off with rare scotch worth \$26K

Toronto police are looking for a thief with expensive taste.

They say a man went into a downtown liquor store earlier this month and went to the vintage section, where he selected a rare bottle of 50-year-old Glenfiddich Single Malt scotch.

The 700-millilitre bottle, which was in a glass case, is worth \$26,000. Police say the



Glenfiddich 50 Year Old GETTY IMAGES FILE

man then selected a bottle of wine and paid for that, but left the store without paying for the scotch.

A security-camera image of the suspect is posted on the police website. THE CANADIAN PRESS

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SO YOU WANT TO BE A MARTIAN

If you're having a bad day here on Earth, consider the alternative.

How about a bad day on Mars?

Applications are now open for people who want to be the first settlers on Mars.

It may sound like science fiction, but Mars One, the company offering the gig, swears they'll have you there by 2023, which is only a decade away.

But there's a catch.

Mars One has the technology to get you there, but the technology to get you home doesn't exist.

It's like that Eagles anthem, Hotel California. "You can check out any time you like, but you can never leave."

So it's a one-way ticket to the Red Planet.

I don't know about you, but I've always wanted to go to Mars. I'm just not sure I want to be stuck there.

At first blush, it sounds romantic, but sometime



JUST SAYIN'

Paul Sullivan

metronews.ca

around year four, you might want to order in pizza or hit the clubs, and whaddaya know? No pizza parlours. No clubs.

Just more of that astronaut food that tastes like Tang and dog biscuits.

Therefore, Mars One is looking for a special kind of person.

Someone who is nuts enough to spend the rest of his or her life stuck in a climate-controlled hut the size of a portable toilet but well-adjusted enough not to try to eat his or her fellow castaways.

If you're that kind of person, Mars One is for you.

All you need to do is convince the Mars One people that you're the best nutbar of

all the nutbars applying for the nutbar job, plus you've got the \$33 registration fee. Deadline is Aug. 31, 2013.

Before you sign up, you should know that the average temperature on Mars is -55 C.

That will give applicants from Siberia and Canada the inside track. If you're from Novosibirsk or Winnipeg, it will feel just like home.

Other than thicker-than-normal heads or blood, applicants require no special skills, as they will spend seven years training and getting ready.

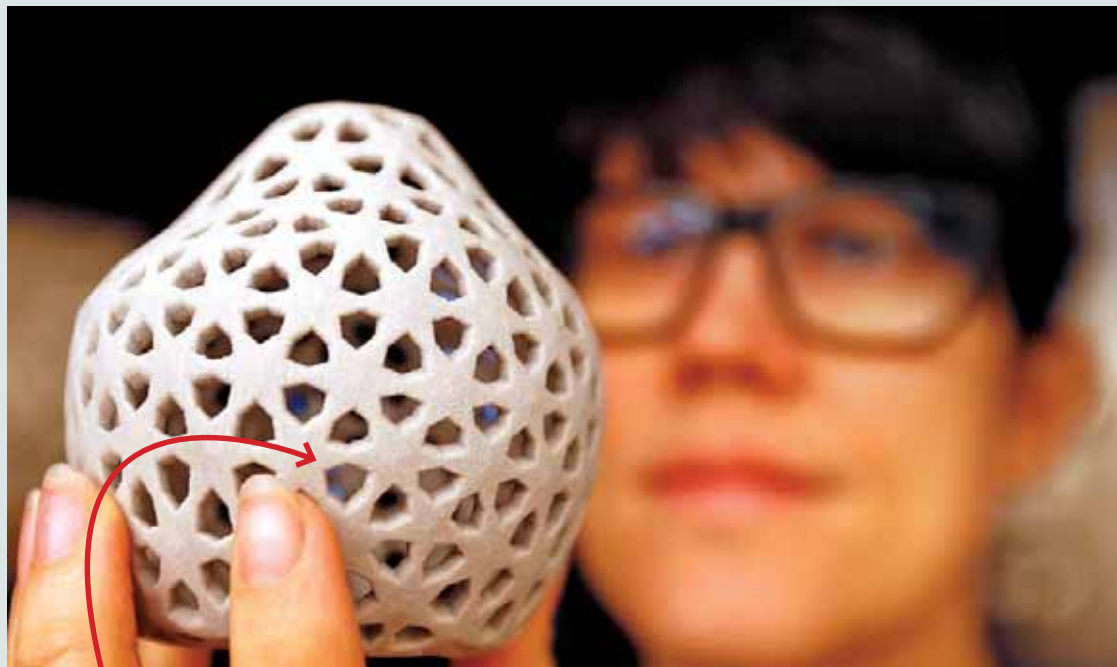
So, as you'd expect, the gallery of geeks featured on the Mars One website are all cut from the same cloth: basement dwellers with bad facial hair. And that includes the women, with the clear exception of Ilona, 23, from Finland. You could almost imagine spending the next 63 years in a hermetically sealed bin with Ilona, who says she wants to devote herself to the good of mankind and enjoys the humour that comes from well-crafted subtlety.

Such as the prospect of being stuck on Mars with Jason, 24, from the U.S., who has an associate degree in welding and aspires to a bachelor's degree in welding engineering, for the rest of her life.

Somehow I think all this is going to end in tears. Too bad that on Mars, no one can hear you scream.

ZOOM

Would you like insects with that?



KIRSTY WIGGLESWORTH/THE ASSOCIATED PRESS

Tastes like chicken

Designer Penelope Kupfer displays a biscuit made from insect flour at the Wellcome Collection in London, England, on Tuesday.

The exhibition of illuminated, room-high insect traps, dramatic light projections of creepy crawlies and 3D printing of food made from bugs is a

new installation called Insects au Gratin which explores the benefits of eating bugs, as part of a new series called Who's the Pest? organized with Festival — the cultural organization dedicated to our relationship with insects and the natural world.

THE ASSOCIATED PRESS



Slimy yet satisfying

Have you ever imagined yourself on Fear Factor, eating bugs? The exhibit aims to expand our invertebrate consumption by suggesting that entomophagy (eating insects) is a sustainable solution to an

impending food crisis.

Apparently, insects can be nutritious: four grasshoppers provide the same amount of calcium as a glass of milk. And, by weight, dung beetles have more protein than beef.

The installation, which runs through May 5, allows guests to draw the shape of their food and experiment with 3D printing. **METRO**

Clickbait



HANNAH ZITNER

hannah.zitner@metronews.ca

If you haven't already experienced the amazingly awkward Experience Regina tourism video with its still shots of high school graduation, the 'snax' bar and a bikini-clad Prairie babe, check it out on YouTube. In light of the Queen City video's fresh press (though the video is from 2008) we've dug up more tourism fails (or works of genius) from the video-sharing site.



JENELLEBOYCE/Flickr

Woody Goomsba visits Leavenworth, WA:

"Shouting out to the centre of the state" certainly is done best to rap music with kilt-wearing ladies grinding a wooden mascot named Woody Goomsba while Mrs. Goomsba looks on angrily.

boys and retired tourists — and also, a lot of people wearing fluorescent crop tops. Can you find dancer Karen Campbell?

Vancouver Tourism with Karen Campbell:

According to Vancouver Tourism's ancient video, Vancouver is the 'simply spectacular' land of mermaids, cow-

Pattaya Country: OK, maybe not 'everybody' is dancing, but certainly this young Thai boy is getting his groove on in Pattaya, Thailand. But it seems like there's only enough for one dancer in this South Asian destination — as he steps back from provincial lines, his moves seem to go with him.

Comments

RE: How The World Will Change In 2043: We'll Turn Into Bots And Upload Our Memory, published April 22

I think those futurists are a bit looney and need to be taken back to the lunatic asylum for their meds. I'm sorry I might work in IT but I prefer keeping the hardware outside of my flesh. Uploading our memories to the Internet in a cloud-based system would be a bad idea. Would you want a hacker to be able to hack into your brain directly? As for people switching limbs out for

robotic limbs, I don't see that happening. If I hold hands with a girl I want it to be her physical hand not a metal plastic monstrosity unless she was in some sort of accident.

Taggart Romkey posted to metronews.ca

"Progeny of the oblivious"? Sorry but the future children you talk about won't be oblivious to their world just because their parents are. Look at the current youth generation difference and their parents which you also comment on. The apple does fall far from the tree, and then rolls off in another direction.

DaleWale posted to metronews.ca

WE WANT TO HEAR FROM YOU: Send us your comments: ottawaleaders@metronews.ca

Interview

The American dream, plus a lap dance or two

If anyone is living the American dream, it's Bar Paly. In the last few years, the Israeli actress and model has been landing increasingly bigger roles in TV and film, including parts in *How I Met Your Mother* and *The Starter Wife*, and in the film *A Glimpse Inside the Mind of Charles Swan III*.

So it seems fitting that her biggest project to date is a dark riff on the American dream. *Pain & Gain* is a true crime story about a group of bodybuilders (dubbed the Sun Gym Gang) doing bad things in mid 1990s Miami.

According to Paly, the story shows what happens when people try to skip hard work in pursuit of fortune.

"The moral of the story in the end is that greed is bad. There are no shortcuts (to success)," she says.

In the film, Paly plays a stripper with big ambitions of becoming a Hollywood star, and she admits it was intimidating walking onto a set with a list of big names.

"It was so overwhelming," she says. "First off, it's a Michael Bay set, and I know to him it's a small budget film, but it's the biggest thing I've ever done. And on top of that you have to act against Mark Wahlberg. I was trying to pretend that everything is cool, but inside I was screaming 'I'm reading lines with Wahlberg.'"

She credits Bay for putting her at ease by first shooting scenes where she didn't have to talk.

"In the first few days he gave me the scenes where I didn't have to actually talk too much, it was more the lap dance and sex scenes," she says, laughing. "It was like, 'Hi, nice to meet you Mark Wahlberg, now here's my hair in your face while I give you a lap dance.'"

LIZ BROWN/
METRO



Robert De Niro and Diane Keaton star as a divorced couple in *The Big Wedding*. HANDOUT

Nuptials often turn nasty going down theatre aisles

The Big Wedding. The latest big screen effort is just one in a long line of movies where hilarity and horror dominate the story

Famous quotes

"Don Corleone, I am honoured and grateful that you have invited me to your home on the wedding day of your daughter. And may their first child be a masculine child."

Luca Brasi

In the famous wedding scene in *The Godfather*



IN
FOCUS
Richard Crouse
scene@metronews.ca

In *The Big Wedding*, a long-divorced couple, played by Robert De Niro and Diane Keaton, pretend to be happily married at their adopted son's wedding for the benefit of his biological mother.

Hijinks ensue, but like all movies with the word "wedding" in the title, audiences don't buy a ticket for the shenanigans. They go to see the ceremony.

Anything that happens before the walk down the aisle is window dressing, the jour-

ney that gets the audience where they really want to be — at the altar.

The famous wedding scene in *The Godfather* — including the much-quoted Luca Brasi line, "Don Corleone, I am honoured and grateful that you have invited me to your home on the wedding day of your daughter. And may their first child be a masculine child," — featured many Staten Island Italian-Americans as extras.

They were invited to the set to enjoy homemade wine, traditional Italian food and enjoy themselves as though it were a real wedding.

Inspiration for the film

Four Weddings and a Funeral came when writer Richard Curtis realized he had been to 72 weddings in 10 years.

The movie, about a confirmed bachelor who discovers love, made an international star of Hugh Grant, who won the role after auditioning with a tape from when he was best man at his brother's wedding.

Both those films, plus others like *Wedding Crashers*, *My Big Fat Greek Wedding* and *Fiddler on the Roof* feature wonderful wedding scenes. But what about when nuptials turn nasty?

Who could forget Mr. Robinson howling, "You punk!

You crazy punk! I'll kill you!" at the lovesick Benjamin (Dustin Hoffman) in *The Graduate* after he interrupted the wedding of Elaine Robinson (Katharine Ross) to another man? Elaine leaves her intended at the altar, running off with Ben to an uncertain future, creating one of the classic endings in movie history.

In *Runaway Bride* Richard Gere plays a reporter investigating the story of Maggie Carpenter, a serial bride who has had multiple disastrous weddings, leaving three men at the altar. "Always a bride," she says, "never a bridesmaid!"

The biggest bummer wedding in movie history has to be in *Kill Bill Vol. 2*.

"How it happened, who was there, how many got killed and who killed them, changes depending on who's telling the story," says *The Bride* (Uma Thurman). "In actual fact, the massacre didn't happen during a wedding at all. It was a wedding rehearsal."



Amanda Bynes ALL PHOTOS GETTY IMAGES

Bynes gets her gym membership revoked for smoking pot

Amanda Bynes' outlandish behaviour reportedly got her kicked out of her New York City gym this weekend when she was caught smoking marijuana in the women's locker room, according to RumorFix.

Management at the Planet Fitness location even went so far as to revoke Bynes'

membership.

"Planet Fitness does not allow lunks to work out here, and especially no weed-smokers," a staff member tells the site.

Bynes of course denies the allegations, telling RumorFix, "I don't smoke in the bathroom. I also don't smoke pot, I smoke tobacco."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



I got your nose, Ryan, do you love me now?



THE WORD
Dorothy Robinson
scene@metronews.ca

Ryan Lochte is having a hard time finding love.

"I haven't been in a relationship in a year," the Olympian and star of the new reality TV show What Would Ryan Lochte Do? tells the new issue of In Touch. "Every time I date someone, I end up getting hurt."

The problem, it seems, is that he doesn't know if women are after his giant

brain (this is the man who wore a fake grill on the Olympian podium and coined the catchphrase "Jeah!" so by "giant brain" I might be using slight sarcasm) or for his public persona.

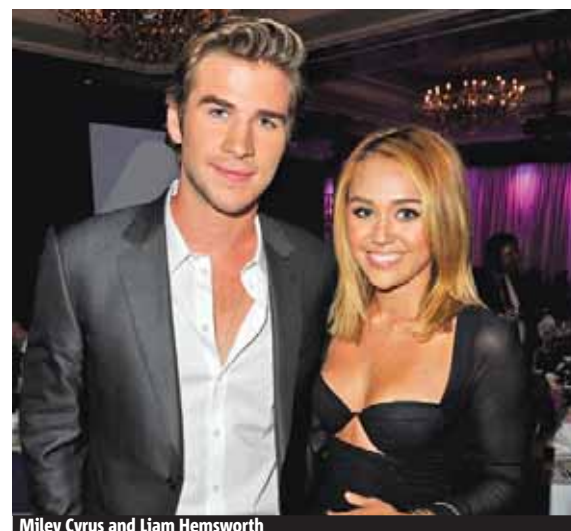
"I don't know if they're just after my fame and money or if they like me for who I really am."

But if he could find someone he really does like, what is he looking for?

"A girl that's fun, classy and sweet who I can have a conversation with," Ryan says.

"If she can make me smile and laugh, I'm sold!"

My advice for his next potential love interest? Pretend to take his nose. He would be so enamored of your magical powers, you'd be unstoppable.



Miley Cyrus and Liam Hemsworth

Can't a girl take off her engagement ring?

Despite indications of trouble between Miley Cyrus and Liam Hemsworth, the pair are "still engaged," according to E! News.

"They live together. The wedding is not off," a source says.

"You can't postpone a wedding that never had a date in the first place. Their

plan all along was to wait a couple of years before even thinking about a date."

As for the eyebrows Cyrus has raised by stepping out multiple times without her engagement ring?

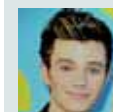
"She just doesn't wear it sometimes," the source adds. "People shouldn't read too much into that."

Twitter



@mcgregor_ewan

I'm so happy to be in a city. Melbourne I think I love you.



@chriscolfer

Hearing the Paramount security guard call me a "sneaky ninja" just. made. my. life!



@CraigyFerg

The grass is greener in LA cause we paint it.

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- GQ Magazine

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In the land of Disney, the princess always reigned supreme. However, though Sleeping Beauty's Castle, the Bibbidi Bobbidi Boutique and those ever-popular princesses may get a lot of the attention, Disneyland and California Adventure offer a pixie dustless world for the guys in your life too — all in time for Father's Day in June.

METRO WORLD NEWS

Four things for the boys in Disneyland

Cars Land

Route 66 comes to life for plain-old cars and animated Cars lovers alike. California Adventures' newest attraction is set in the world of Radiator Springs, where characters from the animated movie motor down Main Street. Rides include Luigi's Flying Tires, a modern floating-on-air version of bumper cars and Mater's Junkyard Jamboree, where tractors whip and spin you around. The highlight is Radiator Spring Racers, which takes you on a leisurely car ride through a wind-carved setting before drag racing your way to the finish line.

Don't miss: Characters from the animated film regularly park near the Cozy Cone Motel to have their photos taken.



Star Tours

Ask a 30- or 40-something father what his favourite movie was growing up — then ask his son the same question — and the likelihood is they may have the same answer: Star Wars. With Disney taking over control of the series, there may be more themed rides in the future. Until then, Star Tours is still the place in Disneyland to enjoy a ride through the galaxy while using the force to avoid the black-gloved wrath of Darth Vader. The 3D ride takes you on a Starspeeder, cruising at light speed through George Lucas' sci-fi universe.

Don't miss: A Jedi Training Academy takes place daily at the Tomorrowland Terrace, where kids are shown how to use lightsabers.



Pirates of the Caribbean

This is one of the original rides at Disneyland — long before Johnny Depp swaggered his way through the films as Captain Jack Sparrow. And there's a reason why Pirates has always been popular: it's fun. The boat ride starts in the calm Louisiana Bayou but soon takes you deep into the dark world of hidden treasure, sea battles, and the pirate-terrorized town of Puerto Dorado. It may sound scary, but it has a number of light-hearted moments to tame the pirate terror.

Don't miss: Captain Jack Sparrow makes a number of appearances during the ride, so keep your eyes peeled for him.



Pirate's Lair on Tom Sawyer's Island

Located in a man-made lake on the edge of Frontierland, the island is a giant playground for kids of all ages. A river raft ferries you from the main park across to the island, where dirt trails lead you to hidden caves, hilltop forts, wood and rope bridges and pirate's treasures.

Don't miss: Take a boat ride around the island on the Mark Twain, a 1900s paddleboat, or aboard the pirate ship Columbia.



Looking for more Disney vacation ideas? Metro's Elisha Dacey is currently at Disneyworld in Florida with Breakfast Television and Cityline's recent contest winners. Check out her blog at metronews.ca



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AIR CANADA  VACATIONS
BRIGHTER GETAWAYS

Travel smart

Some tips... on tipping



ON THE MOVE
Loren Christie
life@metronews.ca

Many front line staff in the hospitality industry rely on tips to make a living wage. Although I do believe that they should be earned, not expected, it is important to assume the best and factor in the appropriate gratuities when planning your next holiday.

For servers in North American restaurants you should be leaving 15 per cent before tax at a minimum, including cost of drinks. For exceptional service you could bump that up from 18 to 20 per cent. In Europe they often include the tip in the bill, but an additional five to 15 per cent is appreciated. In Australia and New Zealand, just leaving five per cent is acceptable. In the Scandinavian countries and Japan, you are not expected to leave anything.

If you are staying in for



Tipping can be the source of much angst when you're travelling. iStock

some room service, always check the bill to see if a service charge has already been added on. It usually is indicative of a pooled tip, to be divided up by the entire department. If your server was particularly good, you may wish to give something extra but are certainly not obliged to do so.

Hotel room attendants tend to be the forgotten ones of the hospitality world. I like to leave \$2 to \$5 per day on the bed with a note of thanks. If you prefer to give one tip at the end of a longer stay, leave an envelope at the front desk. Note your room and number and dates of stay on the envelope and that you would like it divided among all the staff that serviced your room.

Hotel porters and bellhops should receive \$1 to \$2 per bag and parking valets \$2 to \$5. Tip the valet up front to ensure better service when it's time to leave. Taxi drivers in North America expect a 10 to 15 per cent tip. In Europe, simply round up the fare and in most Asian countries don't worry about it. A concierge often provides the most varied of services, so an appropriate tip could be anywhere between \$2 and \$20 depending on the complexity of your request. I would consider a standard restaurant reservation on the lower end of the scale and securing last minute tickets to a sold out concert on the upper end.

Ottawa brings the North down south

Festival. Beginning this week, Canada's capital plays host to art and more — all from the land of the midnight sun

The National Arts Centre is bringing the North to the South this spring with a 10-day festival featuring northern artists, musicians, singers, chefs, writers and storytellers who blend the traditional with the contemporary.

Every two years, the centre showcases a region of the country. In 2011, it was the Prairies. This year, the North will be the focus from Thursday until May 4.

"We certainly do have probably the largest representation of artists from the North that's ever been brought together out-

If you go...

- For more information. Visit: nac-cna.ca/north-ernscene

side that region," said executive producer Heather Moore.

The festival features music and theatre, art and culture, food, film, fashion, fiddlers and folklore.

People will be able to sample smoked Arctic char tacos and elk poutine from a local food truck run by a former Yukon resident. Three northern chefs will be paired with three Ottawa chefs to try their own interpretations of char, reindeer and other northern fare.

As a whole, the Northern Scene offers a glimpse of an arts scene that many rarely see.

"I think people are going to be quite surprised at the scope

and the variety and just how contemporary everything is," said Moore.

Some of the artists, such as Susan Aglukark, are household names, while others are unknown to people in the south.

"We've got very worldly people who have travelled everywhere and we've got some people who haven't been south of Fort Simpson" (in the Northwest Territories), Moore said.

In all, the festival features about 250 artists in more than 50 events. Moore said previous versions have attracted 50,000 people and she sees no reason this year should be different.

While some performances are already sold out, there are also free events. The arts centre itself, which sits on the bank of the Rideau Canal within sight of the Parliament Buildings, will be the main venue, from its foyer to its various theatres and studios. **THE CANADIAN PRESS**



Trianon Palace Versailles, A Waldorf Astoria Hotel, France



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Want an insurance job? Shine your shoes

Jobs. What to expect, how to prepare, and how to follow up after your big interview

CASSANDRA
JOWETT
TalentEgg.ca

If you really want to impress an insurance employer in a job interview, it all comes down to one thing: always be prepared.

One of the biggest mistakes students and recent graduates make is coming in unprepared, says Trevor Buttrum, Career Connections (career-connections.info) program manager at the Insurance Institute of Canada. Being unfamiliar with the company, being unable to make connections or draw parallels between your experience and the role, or showing up late are the three biggest insurance industry job interview don'ts, he adds.

Keep reading to find out what to expect during, how to prepare for and how to follow up after your next job interview with an insurance employer:

What to expect

Most interviews for insurance jobs involve a two-step process:

The telephone screen

The process may start with a telephone screen conducted by a recruiter in the company's human resources department. "The telephone screen is designed to confirm that you meet the criteria for the position, establish your understanding of the role, and get a sense of your style or approach," Buttrum explains.

The in-person interview

If you meet the requirements of the telephone screen, it will usually be followed by one or two in-person interviews that may now include the hiring manager and other colleagues involved in the process. "Don't let it throw you if it is a panel interviewing you — these are now common place!" Buttrum says.

The in-person interviews will most likely be behavioural or competency-based, he says. "Think, 'Tell me about a time when...' or scenarios that get at how you might handle various

aspects of the job. The employer is looking for you to make connections between what you have done and how it will help you to be successful in your potential new role."

How to prepare

Find out what you'll need

When you're invited for the interview, whether it's by phone or email, always ask if there's anything that you should bring. Here's why:

"I once had an employer say, 'Good thing you asked, I almost forgot to mention that we would like to see an example of a presentation you have developed. Could you supply us with a version on a USB key?'" Buttrum recalls. "I would have never just 'had one on hand' in an interview."

Know yourself

In a job interview situation, knowing exactly how your education and experience will benefit the employer and the role you've applied for is half the battle.

Ideally, you've already determined this in order to tailor your resumé and apply for the

job in the first place, but if not, learn as much as you can about the role and map out how you fit the bill, Buttrum says.

Practise your answers to typical job interview questions with a trusted friend or career counsellor and introduce examples from your experience into the conversation. Buttrum recommends using the STAR method to help you answer the interviewer's questions:

- **Situation** — Setting the stage: Who, when, where, why? (five per cent of your answer).
- **Task** — What did you do? What was your role? (five per cent of your answer).
- **Action** — How did you do it? What steps did you take? (70 per cent of your answer).
- **Result** — What happened? What was the outcome (20 per cent of your answer).

Do your research

How much do you know about the company, its business, core values and any other unique aspects to it?

"Web research, reading trade publications, checking out examples of their consumer marketing and talking to industry professionals are great ways to gain these types of insights," Buttrum explains.

"This information enables you to further tailor your answers to the employer's questions and might help you develop some of your own."

Dress for success

"Insurance is a traditional industry and, although business casual is becoming the norm for day-to-day in the workplace, it is suggested that you go business formal for the interview," Buttrum advises.

What does that mean? "Suit jackets, blazers, pressed pants, blouses, collared shirts, ties, nicely-shined shoes and knee-length skirts are what come to mind," he adds.



Think you can just wing it during your next job interview? Think again.

ISTOCK IMAGES

How to follow up

Should you or shouldn't you? When and how often? These are all questions that tend to plague students and recent graduates following their job interviews.

"Before you leave the interview, ask what the next steps are in the process and when the employer anticipates moving forward in their decision making," Buttrum recommends. "Keep this date in mind and use it as a temperature gauge for when to follow up next."

From there, don't push too hard. "Like any relationship, high frequency or intensity followup can send the wrong message," he says, adding that the

process may be taking slightly longer than expected, hiring may not be the person's primary responsibility and other priorities may have arisen since your interview. "Be sure to give the employer a little leeway."

Frame your followup as checking in to see where they are in the process rather than asking whether or not they have reached a decision, and let the employer know you are happy to answer any questions or provide additional information which might support the process, Buttrum advises.

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Five ways to choose an employer

As a student or recent graduate who wants to hatch a career in insurance, it can be tempting to apply to any and all insurance employers that are hiring. But not every employer offers the same experience. Here are five strategies for choosing the insurance employer that is right for you:

CASSANDRA JOWETT
TalentEgg.ca

Looking for a place to fold your umbrella and drop your briefcase? There are a few things to consider first. ISTOCK



Company size

There are more than 200 employers in the insurance industry, some with more than 5,000 employees and some with as few as five employees. They operate in major cities, like Toronto, Calgary and Vancouver, and in small towns across the country. Company size may be a consideration for you if you're looking for a close-knit family environment (smaller) or the opportunity to work in a number of different departments and locations (larger). Many insurance employers will mention how many employees they have on their TalentEgg profile, LinkedIn profile or on their corporate website in the About Us or Careers sections.

Insurance niches

Insurance can cover everything from vehicles and homes to health and pets, casinos and churches, and everything in between. While many of the large insurance companies offer a wide variety of insurance policies, there are some that specialize in certain industries or types of risk.

If your experience, expertise or interest lies in one of those areas, it may help you narrow down which employer to start your career with.

The National Insurance Marketer is designed to help Brokers look for markets for their specialty, niche and non-standard risks.

Support for professional development

As an aspiring insurance professional, you're probably eager to put a few letters after your name, such as CIP, CAIB or CRM, just to name a few (that's Chartered Insurance Professional, Canadian Accredited Insurance Broker or Canadian Risk Management for those not in the know). Perhaps you even want to pursue an MBA or post-graduate certificate related to insurance part-time while you work. No matter what your professional development plans are, it's essential that your employer is, at the very least, morally supportive of your endeavours.

Community work and social responsibility

At the end of the day, insurance companies are for-profit businesses and many of them are very profitable — it's one of the reasons why the insurance industry is such a stable place to start a career.

Most insurance employers make it a priority to find ways to invest those profits back into the communities in which they operate through employee volunteer work, fundraising and charitable donations.

Check out the Corporate Social Responsibility or Community sections of companies' websites.

The people

Current employees are invaluable sources of information. After all, they already know exactly what it's like to work for their employer and can tell you everything you won't find in a job listing or corporate website. Plus, if you get along well with some of the people who already work there, chances are you'll have no trouble fitting in. Meet insurance professionals on your campus. Real insurance professionals working for dozens of different employers often volunteer their time to speak with students about career opportunities in the industry.



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Lasagna gets an under the sea makeover — shrimp and all



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You can use any combo of fish you like in this creamy lasagna, but I like shrimp for its sweet flavour and firm texture. Don't use a fish that's too delicate or it will fall apart.

1. Preheat the oven to 375 F. Spray a 13- by 9-inch baking dish with cooking oil.
2. To make seafood mixture, heat the oil in a non-stick skillet over medium heat. Sauté the garlic, bell pepper and leeks for 5 minutes or just until tender.
3. Add the seafood and sauté until the fish is opaque, approximately 3 minutes. Pour off any excess liquid. Set aside.
4. Combine the flour, stock, milk and mustard in a non-

stick saucepan and stir until smooth. Simmer over medium heat until just thickened, approximately 4 minutes, stirring often. Stir in the dill, pepper and the seafood mixture. Remove from the heat.

5. For cheese mix, combine ricotta, 3/4 cup of cheddar, Swiss and Parmesan cheese in a small bowl, mixing well.

6. To assemble, place 3 lasagna noodles in prepared baking dish. Spread 1/3 of seafood mix over top, then 1/2 of cheese mix. Repeat for second layer. Top with remaining 3 lasagna noodles and remaining seafood mix. Sprinkle the remaining 1/4 cup cheddar cheese over the top. Cover with foil and bake approximately 30 minutes, removing the foil for the last 10 minutes of baking time. Allow to rest for 5 minutes before cutting and serving. **ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN**

Ingredients

- 1 tsp vegetable oil
- 2 tsp crushed fresh garlic
- 2/3 cup diced red or green bell pepper
- 2/3 cup diced leeks or red onion
- 1 lb seafood, cut into small pieces
- 1/4 cup all-purpose flour
- 1 cup seafood or chicken stock
- 1 1/4 cups 2 % evaporated milk
- 1 tsp Dijon mustard
- 1/3 cup chopped fresh dill or 1 tbsp dried
- Pinch ground black pepper
- 1 1/4 cups smooth light ricotta
- 1 cup shredded cheddar cheese
- 1/2 cup shredded Swiss cheese
- 1/4 cup grated Parmesan cheese
- 9 cooked lasagna noodles

Creamy Seafood Lasagna with Leeks and Bell Peppers



This recipe serves 10. It contains 345 calories and 12 g fat per serving. **MARK SHAPIRO, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)**

Drink of the Week

Thyme and Ginger Sour

An ideal mix of savoury and sour, this drink is perfect for a casual evening in with friends. It's easy to make and looks great, too.

- 2 oz Luksusowa
- 2 oz fresh lime juice
- 1/2 oz simple syrup
- 2 oz ginger beer
- fresh thyme to garnish

Shake Luksusowa, lime juice and syrup with ice and pour into a rock glass. Top with ginger beer and garnish with fresh thyme.

COURTESY OF NISHAN NEPULANGODA, MIXOLOGIST AND BAR MANAGER, BLOWFISH/ PHOTO BY YBIMC



Starchy, crunchy, flavourful: Fried Rice & Pickled Radishes

1. Heat a large nonstick skillet over medium-high. Coat the pan with cooking spray.
2. In a small bowl, lightly beat the eggs. Add a pinch of salt and some pepper to the eggs, then add them to the pan. Tilt the pan to spread the egg all around to make a flat pancake. Cook for 30 to 45 seconds, or until almost set. Turn over the

egg (you can cut it in a few pieces to make it easier, using the side of a nonstick pan-safe spatula) and cook for another 10 seconds. Transfer the egg to a cutting board.

3. Add 1/2 tablespoon of the oil to the pan. Once the oil is hot, add the onion. Reduce the heat to medium and cook, stirring occasionally, until the onion is

lightly golden, about 3 to 5 minutes. Add the shrimp and cook, stirring, until almost cooked through, about another 3 to 5 minutes. Add the garlic and ginger and cook, stirring, for 1 minute. Transfer the mixture to a bowl and return the skillet to the heat.

4. Add the remaining 1 1/2 tablespoons of oil to the skillet, then add the rice, pressing it flat with the back of the spatula. Cook until the rice is slightly crispy, turning it over with the spatula, about 8 to 10 minutes.

5. While the rice is cooking, in a small bowl combine the radishes, vinegar and salt to taste. In a small bowl combine the soy sauce, sake and sesame oil. Chop the egg and add it along with the peas and sugar snap peas to the bowl with the shrimp.

6. When the rice is nicely crisped, add the contents of the shrimp bowl and the soy sauce mixture to the skillet and cook, stirring, until the mixture is

Ingredients

- 2 eggs
- Kosher salt and black pepper
- 2 tbsp canola oil, divided
- 1 cup finely chopped onion
- 1/2 lb peeled and deveined raw shrimp
- 2 garlic cloves, minced
- 2 tsp grated fresh ginger
- 3 cups cooked brown rice
- 2 cups coarsely shredded radishes (about 10 large radishes)
- 2 tbsp seasoned rice vinegar
- 1 tbsp low-sodium soy sauce
- 2 tbsp sake or dry sherry
- 2 tsp sesame oil
- 1 cup blanched fresh or thawed frozen peas
- 1 cup blanched sugar snap peas, cut into 1/2-inch pieces

heated through. Transfer the fried rice to 4 bowls and top each portion with some of the radishes.

THE ASSOCIATED PRESS/SARA MOULTON, AUTHOR OF THREE COOKBOOKS, INCLUDING SARA MOULTON'S EVERYDAY FAMILY DINNERS.

Dinner. Honey Garlic Surf 'n' Turf Kebabs



1. Place steak chunks in large shallow dish. Pour all but 1/3 cup (75 ml) of honey garlic sauce over steak, turning so that meat is well coated. Cover and marinate in refrigerator for at least one hour or for up to 4 hours. Remove from the fridge and let stand at room temperature for 30 minutes.

2. Remove meat from marinade; discard marinade. Thread steak, shrimp, zucchini, cherry tomatoes and onions onto 8 metal skewers.

3. Spray grill with Pam Grilling Spray; heat to medium-high heat. Grill skewers, basting occasionally with remaining honey garlic sauce, turning once, until meat is medium-rare and

shrimp are opaque, about 12 minutes. Make sure to keep grill covered when not basting.

NEWS CANADA/ VHSAUCE.SA

Ingredients

- 1 lb (500 g) grilling steak (rib eye, sirloin) cut into 32 large chunks
- 1 jar (341 mL) VH honey garlic sauce
- 1 lb (500 g) jumbo shrimp (about 16), peeled and deveined
- 1 zucchini, cut into chunks
- 1 cup (250 mL) cherry or grape tomatoes
- 1 large red onion, cut into wedges
- Pam Grilling Spray



This recipe serves four. **MATTHEW MEAD/ THE ASSOCIATED PRESS**

LOYAL RELATIONSHIPS

FLEXIBLE PLANS MAKE POINTS PROGRAMS ATTRACTIVE TO CANADIAN CONSUMERS

Canadians truly love loyalty programs. The 2011 Colloquy Loyalty Census revealed 120.7 million loyalty memberships in this country — impressive, given that there are less than 35 million Canadians. Canadian Tire money, a proto-points program conceived by the appropriately named Muriel Billes, has been going strong since 1958.

To what do we owe this loyalty to loyalty? You might argue that Canadians aren't the most rebellious people. You might argue that we love a deal — though many countries have more ferocious bartering cultures than ours. It's probably a bit of both. But what makes loyalty programs most attractive for Canadians is their flexibility.

Choice. Options. Big concepts, expressed in a small, but meaningful way through programs from WestJet, Air Miles, Aeroplan, Shoppers Optimum, PC

Points, and hundreds more from banks, credit card companies and other organizations. Some of these programs let you accumulate points for years, if you wish — saving up for that big-ticket item you have dreamed about. What makes that trip or product so special says a lot about you.

How you earn your points says a lot, too. You do it by being you — by shopping at the places you like to shop, buying the things you like to buy. You can build points by choosing credit, like the Target RBC MasterCard, instead of cash, or by using online retail instead of the traditional kind. Maybe the loyalty program itself is one of the reasons you are shopping there, but these days, almost every vendor has a program of some kind — this is Canada, after all.

Your lifestyle, needs, and personal choices inform how you build points,

and how you redeem them.

Aeroplan, for example, allows you to redeem your points not just for plane flights, but other travel-related products and services, such as luggage and car rentals; and even items that have nothing to do with travel, like home furnishings and power tools. You can even donate to charity. While the range of products offered by bookstores, grocery stores or theatres may not be that wide, they are certainly varied enough to suit many tastes.

These are our points — we earned them. And what we do with them is up to us.

— Chris Edwards



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It pays to fly WestJet. Literally.

By enrolling in the WestJet Rewards program, you can earn up to 2.5 per cent in WestJet dollars for every WestJet flight or WestJet Vacations package you enjoy. Then you can use those WestJet dollars to purchase future flights or vacation packages. At WestJet, they are as good as cash.

The program works because it's simple.

"Our currency isn't miles or points," says Robert Palmer, manager, public relations. "If you have 300 WestJet dollars in your rewards account, you have the equivalent of \$300 Canadian dollars you can spend with us. No mental gymnastics required."

It's flexible, too. WestJet dollars can be spent on any vacation package or flight the carrier operates, even during seat sales. There are no blackout periods or limited seating. So long as the flight is a new booking, you can use your WestJet dollars to reduce its cost. Like most loyalty programs, WestJet dollars do not cover taxes, fees and charges, but you can use any amount to cover the base fare, starting

with as little as 25 WestJet dollars.

As a member of WestJet Rewards, you will earn progressively more WestJet dollars per total spent on WestJet flights in a given year. When your spending reaches certain milestones, WestJet offers bonuses, such as a Jet-Away package, including a companion flight, lounge passes, and more.

You can also build up WestJet dollars by making purchases with one of two WestJet RBC MasterCards. Cardholders earn up to 1.5 per cent back on any purchase they make — unless they are spending on flights or vacation packages with WestJet, in which case they will earn up to two per cent. New applicants receive a welcome bonus of up to 250 WestJet dollars when they make their first purchase with the card. Holders of the WestJet RBC World Elite MasterCard also receive an annual \$99 round-trip companion flight (excluding taxes, fees, and charges), which can be used anywhere WestJet flies within Canada or the contiguous United States.

"The program continues to grow and evolve, offering additional value to our guests," Palmer says. "It's not just about loyalty — it's about working to earn your business every day, then rewarding you for being our guest."

For more about WestJet Rewards, visit westjet.com/rewards.



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LOYALTY HAS ITS REWARDS

DIFFERENT RBC INITIATIVES OFFER A BREADTH OF CHOICE

There once was a time when travel rewards programs were anything but consumer friendly. Fortunately, those days are well behind us.

“With the RBC Rewards program, we put the needs of our customers first,” says Donna Lue-Atkinson, RBC’s vice-president of global loyalty programs and rewards.

“We recognize the value of flexibility and treating every client as a unique individual. We also want the experience to be easy for clients to use and offer them the range of choice they’re looking for in a rewards program.”

To demonstrate this breadth of choice, Lue-Atkinson points to different initiatives within RBC Rewards.

“Some people want a highly personalized travel service. For those clients, we have a strategic relationship with Carson Wagonlit Travel. Our customers visit one of their store locations or call in and get the full-service approach they’re seeking, redeeming their points at point of sale. Other clients prefer self-service, and for those clients, we have a partnership with Travelocity, a one-stop end-to-end online experience. Customers can book their air travel, car rental, cruises, hotels and more online.”

Today’s rewards programs don’t start and end with travel, however.

“In December 2012, RBC Rewards launched eMall on our website to address the growth of online shopping,” Lue-Atkinson says. “Through this portal on our site, consumers can access more than 250 retailers, including Apple, Hudson’s Bay, Indigo Books & Music, Gap and Old Navy. By using their RBC Rewards credit card to make purchases, clients get one extra point for every dollar they spend above and beyond their regular rewards.

“Clients can also redeem points for RBC financial products, converting reward points to top up an RBC RRSP or to pay down an RBC loan or line of credit. It’s another way our customers can use points to extend their purchasing power.”



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Capitals keep Jets at bay

Capitals left-winger Jason Chimera, right, celebrates his first-period goal against the Winnipeg Jets with teammate Mathieu Perreault on Tuesday night in Washington. The Capitals won 5-3 to keep the Jets at 51 points, one behind the Ottawa Senators who hold down one of the final two Eastern Conference playoff spots. After Tuesday, the Jets have one game left and the Senators three. NICK WASS/THE ASSOCIATED PRESS

Stats back up Bautista's anger with the umpires

Irritated by calls.

Since 2010 the Jays' star slugger has gotten nearly 20 more incorrect strike calls than the average player

His flagrant anger probably doesn't do him any favours, but Jose Bautista has good reason to be miffed with major-league umpires.

Since 2010, the Blue Jays' slugger has received nearly 20 more incorrect strike calls than the average player, according to data compiled exclusively for Torstar News Service.

Every player in the majors deals with bad strike calls, but Bautista gets more than his share.

So far this season (not including Monday's game), Bau-



Jays slugger Jose Bautista
TORSTAR NEWS SERVICE

tista has received 16 called strikes on 94 pitches outside the strike zone, 2.5 more than the average player, according to Baseball Info Solutions, a company that collects and analyzes data from every big-league game.

The company's staff of video scouts chart every pitch using an automated "perfect-world" strike zone analogous to the Pitch F/X system used in every major-league stadium.

Just once this season has Bautista seen a pitch inside the zone incorrectly called a ball.

Last season Bautista received 2.4 more incorrect strike calls than the average player, in 2011 he received 10 more, and in his breakout 2010, he received four more.

Bautista has been criticized this year for how he reacts to perceived bad strike calls.

His own frank explanations have only fanned the flames.

"Sometimes I have trouble more than other players dealing with my production being affected by someone else's mediocrity," he said earlier this month.

TORSTAR NEWS SERVICE

Above average

Number of called strikes called on Jose Bautista on pitches outside the strike zone (prior to Monday night's game).

- **2013:** 16 strikes on 94 pitches (2.5 more than average player)
- **2012:** 78 strikes on 751 pitches (2.4 more than average player)
- **2011:** 123 strikes on 1249 pitches (10 more than average player)
- **2010:** 114 strikes on 1236 pitches (4 more than average player)
- **2009:** 54 strikes on 683 pitches (5 fewer than average player)

Draft in New York City

NFL beefs up security following Boston bombings

The NFL is increasing security for this week's draft at Radio City Music Hall, with everyone subject to screenings, including use of metal detectors and pat-downs, and searches of personal property.

Even league officials, players and their families will be subject to such measures.

The league said Tuesday that spectators who don't consent to the security requirements will be refused admission. The draft begins Thursday night and has sessions Friday night and Saturday afternoon.

All sports events have ramped up security since the Boston Marathon bombings last week.

THE ASSOCIATED PRESS

Chilly game in Minnesota

Arcia, Correia lead Twins over Marlins 4-3

Oswaldo Arcia hit his first career home run and Kevin Correia gave up two runs in seven innings, leading the Minnesota Twins over the Miami Marlins 4-3 Tuesday in the opener of a day-night doubleheader.

Arcia's three-run homer in the fourth backed Correia (2-1), who allowed five hits and struck out five. The Twins shrugged off yet another chilly day at Target Field to win their fifth straight. Brian Dozier had three hits, and Glen Perkins earned his sixth save.

Jose Fernandez (0-2) gave up four runs and six hits for the Marlins, who are off to a franchise-worst 4-16 start after an off-season salary purge. Joe Mahoney had two hits and two RBIs for Miami.

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Bayern bashes Barca 4-0

Barcelona's Lionel Messi, right, challenges Bastian Schweinsteiger of Bayern Munich during the UEFA Champions League semifinal first leg on Tuesday in Munich. Thomas Mueller scored two goals as Bayern dominated Barcelona in a 4-0 victory. CHRISTOF KOEPEL/BONGARTS/GETTY IMAGES

Dryden stirs concussion discussion in Calgary

'Biggest issue in sports'

Habs legend pleads for greater urgency in tackling head injuries

Ken Dryden believes shining the spotlight on concussions is the way to spur meaningful prevention and treatment.

The Hockey Hall of Fame goalie, author and former federal cabinet minister is attempting to clear away the fog surrounding concussions by getting athletes, medical professionals, researchers, coaches and sports administrators in one room in front of the public.

"I think it's the biggest issue of sports and not just hockey, but football, lacrosse and rugby and even soccer," Dryden said Monday night at a sports-concussions panel at the University of Calgary.

"I love the phrase 'Where there's a will, there's a way.' But



Ken Dryden speaks at a sports-concussions symposium in Calgary on Monday. LARRY MACDOUGAL/THE CANADIAN PRESS

in an awful lot of very difficult, tricky questions, and this is one of them, it's the reverse that's more true. I need to see some way before I'm ready to commit more will. ... I think that's where we are. This is a question that needs a lot more way, a lot more answers."

The 65-year-old won six

Stanley Cups and five Vezina Trophies while playing for the Montreal Canadiens in the 1970s.

Post-hockey, Dryden authored several books, including *The Game*, and was a Liberal Member of Parliament from 2004 to 2011.

THE CANADIAN PRESS

Dryden: Joint effort needed

Ken Dryden believes there will be catastrophic repercussions if the sports community doesn't get to the bottom of concussions.

- "I think that this is one of those big questions like cigarette smoking was 40 or 50 years ago that we look back on now and we wonder how we could have been so stupid," he said. "I think this is the one, in sports, that 40 or 50 years from now, people will look back at us and wonder, 'What was wrong with them? How didn't they get it? Why were they so stupid?' ... We need to get at it. That means scientists and coaches and players and parents and administrators."

NBA

Source says Cavs about to bring back coach Brown

Mike Brown and the Cavaliers are getting back together.

Brown, who led the Cavs to the playoffs in all five seasons he coached them from 2005-10, has agreed in principle to a contract to return as their coach for a second time, a person with knowledge of the situation told The Associated Press on Tuesday.

Brown has not yet signed his new deal, but has agreed to take the job, according to the person who spoke on condition of anonymity because negotiations were ongoing.

Brown went 272-138 with the Cavs and, teaming with LeBron James, made a run to the NBA finals in 2007. He was fired after the Cavs lost to Boston in the 2010 Eastern Conference semifinals, shortly before James decided he was leaving Cleveland as a free agent.

Brown spent one full season with the Lakers, but was fired by Los Angeles five games into this season.

THE ASSOCIATED PRESS

NBA. Pacers' George sees no limits to his potential after winning MIP award

Pacers forward Paul George spent the past summer turning himself into a better player.

Now he's planning to dedicate himself to becoming the NBA's best all-around player.

A few minutes after accepting the league's Most Improved Player Award, the six-foot-nine swingman promised to work even harder to attain the biggest rewards of all — an NBA title and perhaps an MVP.

"I think I can play at an MVP level. I think that's very much within reach," George said Tuesday. "For me, it's all about being consistent and having that aggressive mindset."

George has already emerged as one of the league's top young players, which explains his runaway victory in the balloting. He received 52 of 120 first-place votes and 311 points, more than double the total of New Orleans' Greivis Vasquez, who had 13 first-place votes and 146 points. Milwaukee's Larry Sanders was third with 141 points and was one of three players to receive 10 first-place votes.

As part of the award, a 2012 Kia Sorrento will be donated to the Hawthorne Community Center, George's hand-picked charity.



Pacers forward Paul George holds the Most Improved Player Award on Tuesday in Indianapolis. THE ASSOCIATED PRESS

George is also expected to be one of the top vote-getters for the Defensive Player of the Year Award, an honour Pacers coach Frank Vogel lobbied hard for Tuesday.

The question is whether George has what it takes to challenge for the league's top individual honour.

"With the physical talent he has, with the drive he has, there's no ceiling for him," Vogel said. THE ASSOCIATED PRESS

NBA

NBA PLAYOFFS

FIRST ROUND

(Best-of-7)

EASTERN CONFERENCE

MIAMI (1) VS MILWAUKEE (8)

(Miami leads series 1-0)

Tuesday's result

Milwaukee at Miami

NEW YORK (2) VS BOSTON (7)

(New York leads series 1-0)

Tuesday's result

Boston at New York

INDIANA (3) VS ATLANTA (6)

(Indiana leads series 1-0)

Wednesday's game

Atlanta at Indiana, 7:30 p.m.

BROOKLYN (4) VS CHICAGO (5)

(Series tied 1-1)

Monday's result

Chicago 90 Brooklyn 82

Thursday's game

Brooklyn at Chicago, 8:30 p.m.

WESTERN CONFERENCE

OKLAHOMA CITY (1) VS HOUSTON (8)

(Oklahoma City leads series 1-0)

Wednesday's game

Houston at Oklahoma City, 7 p.m.

SAN ANTONIO (1) VS L.A. LAKERS (7)

(San Antonio leads series 1-0)

Sunday's result

San Antonio 91 L.A. Lakers 79

Wednesday's game

L.A. Lakers at San Antonio, 9:30 p.m.

DENVER (3) VS GOLDEN STATE (6)

(Denver leads series 1-0)

Tuesday's result

Golden State at Denver

L.A. CLIPPERS (4) VS MEMPHIS (5)

(L.A. Clippers leads series 2-0)

Monday's result

L.A. Clippers 93 Memphis 91

Thursday's game

L.A. Clippers at Memphis, 9:30 p.m.

NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pt
z-Pittsburgh	45	35	10	0	0	153	109	70
dx-Boston	44	27	12	2	3	123	97	59
d-Washington	45	25	18	2	0	140	123	52
x-Montreal	45	27	13	3	2	139	120	59
x-Toronto	45	25	15	0	5	138	124	55
NY Islanders	45	24	16	4	1	134	131	53
NY Rangers	45	24	17	0	4	120	106	52
Ottawa	45	23	16	2	4	109	99	52
Winnipeg	46	24	19	0	3	123	135	51
New Jersey	45	17	18	3	7	106	121	44
Buffalo	46	19	21	2	4	119	140	44
Philadelphia	45	20	22	1	2	124	137	43
Carolina	45	18	24	2	1	118	145	39
Tampa Bay	45	17	24	1	3	140	141	38
Florida	45	13	26	5	1	104	162	32

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pt
z-Chicago	45	34	6	0	5	147	97	73
y-Anaheim	46	29	11	3	3	134	112	64
y-Vancouver	46	26	13	1	6	124	111	59
x-Los Angeles	45	26	14	1	4	128	111	57
San Jose	45	24	14	3	4	118	109	55
St. Louis	45	26	17	1	1	119	112	54
Minnesota	45	24	18	1	2	116	119	51
Columbus	46	22	17	3	4	114	117	51
Detroit	45	21	16	3	5	113	112	50
Dallas	45	22	19	3	1	127	133	48
Phoenix	45	19	18	3	5	114	122	46
Calgary	45	19	22	1	3	123	149	42
Edmonton	45	17	21	4	3	111	127	41
Nashville	45	15	21	3	6	104	128	39
Colorado	45	15	23	5	2	109	142	37

x - clinched playoff berth; y - division; z - conference.

Tuesday's results

Montreal at New Jersey
NY Islanders at Carolina
Winnipeg at Washington
Buffalo at Pittsburgh
Boston at Philadelphia
NY Rangers at Florida
Buffalo at Pittsburgh
Colorado at St. Louis
Calgary at Nashville
Los Angeles at Minnesota
Dallas at San Jose
Monday's late results
Anaheim 3 Edmonton 0
Vancouver 3 Chicago 1
Wednesday's games — All Times Eastern
Toronto at Tampa Bay, 7 p.m.
Los Angeles at Detroit, 7:30 p.m.
Chicago at Edmonton, 9:30 p.m.
San Jose at Phoenix, 10 p.m.

MLB

AMERICAN LEAGUE

EAST DIVISION				
	W	L	Pct	GB
Boston	13	6	.684	—
Baltimore	11	8	.579	2
New York	10	8	.556	2½
Tampa Bay	9	10	.474	4
Toronto	8	12	.400	5½
CENTRAL DIVISION				
Kansas City	10	7	.588	—
Minnesota	9	7	.563	½
Detroit	9	9	.500	1½
Cleveland	8	10	.444	2½
Chicago	7	12	.368	4
WEST DIVISION				
Texas	13	6	.684	—
Oakland	12	8	.600	1½
Los Angeles	7	11	.389	5½
Seattle	8	13	.381	6
Houston	5	14	.263	8

Tuesday's results
Minnesota 4 Miami 3 (first game)
Cleveland at Chicago White Sox (ppd., rain)
Kansas City at Detroit (ppd., rain)
Oakland at Boston
Toronto at Baltimore
N.Y. Yankees at Tampa Bay
Miami at Minnesota (second game)
Seattle at Houston
Texas at L.A. Angels

Wednesday's games — All Times Eastern
Toronto at Baltimore, 12:35 p.m.
Cleveland at Chicago White Sox, 2:10 p.m.
Seattle at Houston, 2:10 p.m.
Oakland at Boston, 4:05 p.m.
Kansas City at Detroit, 7:05 p.m.
N.Y. Yankees at Tampa Bay, 7:10 p.m.
Texas at L.A. Angels, 10:05 p.m.

NATIONAL LEAGUE

Tuesday's results
Atlanta 4 Colorado 3 (first game)
Pittsburgh at Philadelphia
St. Louis at Washington
L.A. Dodgers at N.Y. Mets
Chicago Cubs at Cincinnati
Atlanta at Colorado (second game)
Milwaukee at San Diego
Arizona at San Francisco



2013 Dodge Journey R/T AWD shown.³



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\$19,995*

PURCHASE PRICE INCLUDES \$2,000 CONSUMER CASH; FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY.*

\$115
BI-WEEKLY
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FOR 96 MONTHS
WITH \$0 DOWN

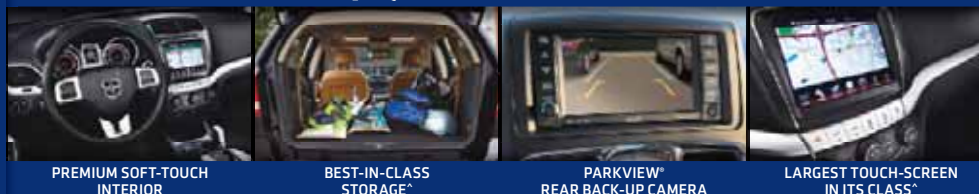
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OR CHOOSE

THE ALL-NEW **ULTIMATE JOURNEY PACKAGE**

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\$115
BI-WEEKLY
FINANCING*
@
4.49%
FOR 96 MONTHS
WITH \$0 DOWN



2013 Dodge Grand Caravan Crew Plus shown.³

OR CHOOSE

THE ALL-NEW **ULTIMATE FAMILY PACKAGE**

INCLUDES \$3,275 IN PACKAGE SAVINGS⁵

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- Hands-free connectivity with Uconnect[™] Voice Command with Bluetooth[®]



TOTAL SAVINGS OF \$10,275!

Dodge.ca/Offers

*Your local retailer may charge additional fees for administration/pre-delivery that can range from \$0 to \$1,098 and anti-theft/safety products that can range from \$0 to \$1,298. Charges may vary by retailer.



LESS FUEL. MORE POWER. GREAT VALUE. 10 VEHICLES WITH 40 MPG HWY OR BETTER.



Less Fuel. More Power. Great Value is a comparison between the 2013 and the 2012 Chrysler Canada product lineups as applicable. 40 MPG or greater claim (7.0 L/100 km) based on 2013 EnerGuide highway fuel consumption estimates. Government of Canada test methods used. Your actual fuel consumption will vary based on powertrain, driving habits and other factors. See retailer for additional EnerGuide details. ©2013 Dodge Journey 2.4 L with 4-speed automatic – Hwy: 7.7 L/100 km (37 MPG) and City: 11.2 L/100 km (25 MPG). 2013 Dodge Grand Caravan Canada Value Package – Hwy: 7.9 L/100 km (36 MPG) and City: 12.2 L/100 km (23 MPG). Wise customers read the fine print: 0, €, •, *, †, ≤, \$ The Load Up On Value Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers on or after April 2, 2013. Offers subject to change and may be extended without notice. All pricing includes freight (\$1,595), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailer may sell for less. Ultimate Journey Package Discounts available at participating retailers on the purchase of a new 2013 Dodge Journey R/T with Ultimate Journey Package (JCES49 28X with AGV, AV1, AS4, GWG). Discount consists of: (i) \$2,500 in Bonus Cash that will be deducted from the negotiated price after taxes; and (ii) \$1,125 in no-cost options that will be deducted from the negotiated price before taxes. Some conditions apply. See your retailer for complete details. \$5,625 in Total Savings are available on the new 2013 Dodge Journey R/T model and consist of \$2,000 Consumer Cash Discount and \$3,625 in Ultimate Journey Package Savings. \$10,275 in Cash Discounts are available on the new 2013 Dodge Grand Caravan SXT model and consist of \$7,000 Consumer Cash Discount and \$3,275 in Ultimate Family Package Savings. See your retailer for complete details. •\$19,995 Purchase Price applies to the new 2013 Dodge Journey Canada Value Package (22F) only and includes \$2,000 Consumer Cash Discount. \$19,995 Purchase Price applies to the new 2013 Dodge Grand Caravan Canada Value Package (29E) and includes \$8,100 Consumer Cash Discount. *Consumer Cash Discounts are offered on select 2013 vehicles and are deducted from the negotiated price before taxes. †4.49% purchase financing for up to 96 months available on the new 2013 Dodge Journey Canada Value Package (22F)/2013 Dodge Grand Caravan Canada Value Package (29E) models to qualified customers on approved credit through Royal Bank of Canada, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Retailer may sell for less. See your retailer for complete details. Examples: 2013 Dodge Journey Canada Value Package (22F)/2013 Dodge Grand Caravan Canada Value Package (29E) with a Purchase Price of \$19,995/\$19,995 (including Consumer Cash Discount) financed at 4.49% over 96 months with \$0 down payment, equals 208 bi-weekly payments of \$115/\$115 with a cost of borrowing of \$3,843/\$3,843 and a total obligation of \$23,837.61/\$23,837.61. sUltimate Family Package Discounts available at participating retailers on the purchase of a new 2013 Dodge Grand Caravan SXT with Ultimate Family Package (RTKH5329G). Discount consists of: (i) \$2,500 in Bonus Cash that will be deducted from the negotiated price after taxes; and (ii) \$775 in no-cost options that will be deducted from the negotiated price before taxes. Some conditions apply. See your retailer for complete details. \$2013 Dodge Journey R/T AWD shown. Price including applicable Consumer Cash Discount: \$31,640. 2013 Dodge Grand Caravan Crew Plus shown. Price including applicable Consumer Cash Discount: \$31,940. ^Based on 2013 Ward's Middle Cross Utility segmentation. The Best Buy Seal is a registered trademark of Consumers Digest Communications LLC, used under license. *Jeep is a registered trademark of Chrysler Group LLC. **The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.



Relax, it's Acura 2014 RLX



ALL PHOTOS WHEELBASEMEDIA.COM

5 DRIVE

2014 Acura RLX

- **Type.** Four-door front-wheel drive mid-luxury sedan
- **Engines (hp).** 3.5 litre SOHC V6 (310)
- **Transmissions.** Six-speed automatic with paddle-shift controls
- **Base price (incl. destination)** \$50,000

Design

The first thing you notice about the RLX is its handsome sheet metal. The car's Honda roots are definitely showing, but it easily beats the rest of Acura's sedan fleet when it comes to appearance. Perhaps surprisingly, its overall dimensions — length, width and height — differ only slightly from the RL.



The 3.5-litre V6 engine

Weight

The rigid body structure uses considerable amounts of high-strength steel that, combined with numerous aluminum body panels, helps keep the car below the 1,820-kilogram mark. That's roughly 45 kilograms lighter than the RL.

Engine

The RLX clings to its V6 roots by using a 310-horsepower 3.5-litre unit that produces 272 pound-feet of torque. By comparison, the RL's 3.7-litre V6 made 300 horsepower and 271 pound-feet of torque. The engine prefers premium fuel, but the RLX is rated at 10.5 l/100 km in the city and 6.4 on the highway.

Review. RLX's 'takaburi' all begins with a wild set of headlights

MALCOLM GUNN
wheelbasemedia.com

"Takaburi" is the word Acura's project leader Yousuke Sekino uses in describing the 2014 RLX sedan. It means "exhilarating" in Japanese and if any car in Honda's premium division fits that description, this is it.

Acura has been noticeably bereft of a truly top-level flagship model with that 'takaburi' feeling for some time. The long-in-the-tooth RL sedan that resembled a slightly enlarged Accord from two generations ago never really cut it with those seeking flash and dash.

The replacement RLX, arriving by early spring, likely won't pry anyone from their status-mobiles models displaying three-pointed stars, interconnected rings or airplane-propeller logos. But at least Acura offers some com-

elling reasons for having the valet gang park one for you in its assigned stall.

The RLX's more aggressively styled front fenders, smoothed-out grille and unique multi-reflector headlight pods contribute to a distinctly premium look.

Much of the between-the-wheels increase gives the RLX an impressive amount of rear-seat legroom that puts its key Japanese and German competitors to shame.

The rest of the interior also impresses, with an elegant dashboard and control-panel layout, inviting and supportive leather-covered seats and a floor console that can be opened from the driver or passenger's side.

Although not obvious in flat-out driving, the RLX certainly feels poised and precise in tight turns and provides a no-sweat experience when braking at high speeds.

The RLX arrives with an abundance of people-pleasing content, but you will need to shell out more than the \$50,000 base price to add



The RLX's interior fits well and is neat and tidy. The centre console can be opened from the left or the right.

a number of collision-mitigating features, the navigation system, premium leather package and your choice of two high-end audio systems.

The RLX is a giant leap forward for Acura and is comparable to more established luxury brands in style and content, with a smidgen of "takaburi" tossed in for good measure.



Those unique, stylish headlights.

Compare



1 Lexus GS
Base price: \$53,900



2 Audi A6
Base price: \$54,500



3 BMW 5-series
Base price: \$56,500

Check up vital on stylish R8

Second Gear.
2010 to 2012
Audi R8

JUSTIN
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When Audi's mid-engine R8 performance car hit the road in 2009, it was pasted in poster form onto the bedroom walls of drooling teenaged car-buffs around the globe while earning a reputation for being an extreme performance machine with incredible driving dynamics and every-day usability.

Feature content included navigation, a Bang and Olufsen stereo system, Bluetooth, MMI Interface, driver computer, heated leather and plenty more. A backup camera with distance sensors was available, too. All models are two-seaters with a trunk in the front and a V8 or V10 engine in the middle.

Common Issues

Start your visit with a used R8 candidate by inspecting the vehicle's tires and brakes. Ensure the seller isn't passing off a set of rubber or brake pads and rotors that are in need of replacement. A tire tread-depth gauge can help. Squealing brakes are a sign of wear and a mechanical inspection at an Audi dealer should be considered mandatory.

Check all interior electronics twice — paying



PHOTO: HANDOUT

attention to the MMI system and ensuring it activates, boots up and manipulates various functions properly. Ensure no "check engine" or "service vehicle" notifications are present in the instrument cluster. Shift the manual transmission quickly, ensuring the clutch "bites" hard, and works without slippage. Some owners report electronic dialing-back of engine power when shifting quickly if the clutch is slipping, which is intended to increase durability. Finally, inspect the R8's paint for signs of blotchiness.

Engine



This range-topping Audi got Quattro AWD teamed to a 4.2 litre, 420-horsepower V8 and a six-speed manual transmission as standard kit. Shoppers could opt for an up-level V10 engine, which bumped displacement to 5.2 litres and horsepower to 525. An "R-Tronic" auto-clutch gearbox was available on both models.

What owners like



Owners love the exclusivity, style, performance and bragging-rights that come as part of the R8's package. Ease of entry and exit and an everyday-comfortable ride are noted.

What owners dislike



Limited cargo storage and a sometimes-fussy MMI interface are among the most common owner complaints.

Verdict

Reliability information is largely inconclusive on used R8 models in the first half of this generation — though they are a hot item in the used market nonetheless. Opt for a model with as much of its factory warranty remaining as possible to be safe. Extended warranty, if available, may protect against high repair bills down the line, too.

Fix your bad car-care habits one at a time

Five useful tips.

Follow these pieces of advice to improve the longevity of your vehicle and save cash

Breaking bad habits can be hard, especially if you don't even know you have one. It's the same when it comes to car care.

Many of us aren't aware when we commit a car-care faux pas which could affect the look and longevity of our vehicle. Autoglym, a company specializing in car care products, offers the following advice to correct

some common bad habits:

1. Clean your car consistently throughout the year.

Create a routine and set a specific day to wash your vehicle. Washing your car at least once or twice a month is recommended to maintain a superior finish.

2. Don't skip the polish and wax.

If you fail to polish and wax your car every few months, opting only to wash it, you're only doing half the job — so make sure you do it right. Combining the polishing and waxing steps every few months are essential for your car's care. Polishing is an important step to repair and revive your car's shine, while waxing protects

your car's paintwork against environmental factors and weather conditions. A quick way to maintain your wax on the go is to apply Autoglym's Aqua Wax. With this, there's no need to dry your car after washing, saving you time and effort.

3. Make sure to clean your tires.

Cleaning your wheels is a quick and easy way to improve the overall look of your car. Not only does it make them look great, but regular cleaning prevents the build-up of brake dust, which if left will become difficult to remove. Don't neglect your tires either — a high quality dressing will refresh old rubber, leaving it like new.

4. A little elbow grease in the undercarriage goes a long way

It's not just about the paint — clean the undercarriage of your car frequently. If you don't, rusting won't be your only problem, as the metal in your frame can become brittle and lead to an expensive bill on your next safety inspection.

5. Deal with the problem spots immediately

Don't leave cleaning bird droppings and dirt until later, as these problem spots will become harder to remove the longer you leave them on your car. Tree sap is particularly damaging, as it dries very hard and attaches itself to your car with a tar-like bond.

NEWS CANADA



Regular cleaning should result in your vehicle's life being lengthened. NEWS CANADA

[illegible]

Designers to China: You have our attention

Autopilot. The huge Chinese vehicle market will, inevitably, influence what ends up on our roads



AUTO PILOT
Mike Goetz
drive@metronews.ca

The Shanghai motor show on this week further confirms the importance of the Chinese market to today's global automakers.

They showed up in droves bearing metaphorical boxes of chocolates and actual concepts and production cars. And why wouldn't they?

Good to be big

China is by far the single largest vehicle market in the world — selling more than 20 million units a year. The next biggest market, the U.S., is about 15 million. GM sells more vehicles in China (about 2.8 million) than it does in America.

Size is just one thing. Potential is another. In the U.S. there



The Nissan Friend-ME debuted at this week's Shanghai auto show to possibly woo the world's largest cohort — the 240 million (mostly male) Chinese born in the 1980s, known as the "Balinghou." HANDOUT

are currently 800 cars for every 1,000 people. That's one saturated market. In China, it's currently about 50 to 80 vehicles per every 1,000 people. That's upside with hot sauce. In five years China's annual market is expected to top 35 million units.

It's a free for all

And what's making automakers even more crazy about

China is that the market is still up for grabs. No dominant player. Lots of domestic and foreign players investing in production and retail facilities. Lots of current and future segment races to be won and lost.

Driving the design bus

Net result: A massive amount of intellectual and monetary design capital is being focused on China at the moment, and

that will reverberate across all global markets.

This is not to say that the Chinese market will darken the design light in other markets, only that what's going on in China will surely influence global design trends. There's no way it can't.

At the very least, we here in the North American market get to "yea or nay" automotive designs that are already fleshed

out and/or contemplated for China.

Take for example the Nissan Friend-ME concept, which had its world debut at Shanghai. Nissan says it has been expressly designed to appeal to the world's largest single market demographic — the approximately 240 million Chinese born in the 1980s, tagged as the "Balinghou."

Because of China's "one

child" policy, the majority of the Balinghou demographic are males without siblings. They are in their mid-20s now and ready to buy. (They might be somewhat over parented too, but let's not go there today.)

"Clearly, their tastes will shape automotive trends worldwide for decades to come," said Nissan's product strategy chief, Francois Bancon, in a press release.

Because they grew up without siblings, and leisure time with peers is treasured, Nissan figured the Friend-ME could give these Balinghou males a private-yet-connected space to hang out with peers, and a "balanced" design that allows them to "stand out" and "fit in" at the same time. And speaking to China's growing urbanity, another aim of the design is to be a "confident creature of the night, meant to be seen in bright city lights."

I don't know how much you, or I, have in common with a 20-something male in China, who has no siblings but loads of personal and familial expectations, but if you watch automotive design over the next few years, we might find out.

Complex car components can be costly

Driving force. Auto parts: The more they make, the less they cost

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A car may be expensive to buy, but it's also expensive to build. In addition to the cost of raw materials, plant overhead and labour, automakers also have to consider the design and development of each component.

"Before we stamp out the first part, there are significant costs associated with design, product validation, capital equipment and tooling that must be paid for up front, or agreed to be amortized across the production run," says Patrick Kinsie, executive director of global business development for Multimatic Inc., which makes various parts for several auto companies.

While simple parts will have relatively smaller

Quoted

"There are companies that run profits making a handful of hand-built engines, but they charge a much higher price for them."

Patrick Kinsie, executive director of global business development for Multimatic Inc..

start-up costs, the price for complex ones can be astronomical. Developing a completely new engine or transmission can be as much as \$500 million to \$1 billion.

Car companies spread these enormous costs over volume production, including numerous variants. An engine design may stick around for some 15 years, with engineers creating new or differently-sized engines based on its architecture. There will still be considerable cost involved for these, but it will be much less than starting from scratch.

Vehicle platforms are designed so they can be used

to create several new models with common components, spreading the initial cost and recouping it as soon as possible.

Depending on the part, automakers may produce it in-house or work with independent suppliers. There are many ways these companies work together, including the car manufacturer handing over a production-ready design for the supplier to build, or providing the size and performance requirements and having the supplier design and develop it, known in the trade as full black-box design.

New designs are initially made into prototypes to make sure they'll work properly, and if they're structural, they will need to be crash-tested. Once the parts are validated, expensive dies are made to stamp them out in large quantities.

"There are companies that run profits making a handful of hand-built engines, but they charge a much higher price for

Methods used

Automakers often use generic parts from suppliers for much of their hardware, such as window motors or trunk hinges, but use proprietary parts for differentiation in powertrain and design.

• **Working together.** Some car companies work jointly on major projects, such as the "world engines" designed by Chrysler, Hyundai and Mitsubishi, spreading the cost of the basic architecture.

• **Standards.** Global vehicles sold in Canada must meet federal requirements, including safety standards, metric instruments and bilingual labels and manuals, which add to their cost.



The production line at parts company Multimatic Inc. PHOTO FROM MULTIMATIC INC.

them," Kinsie says. "In a mainstream vehicle, the automaker will want to make it in the millions to get that unit amortization down to a reasonable level."

Autobahn for All

Sales Event



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*Limited time finance purchase offer available through Volkswagen Finance, on approved credit. MSRP of \$16,385/\$26,600 for a new and unregistered 2013 Jetta 2.0L / 2013 Tiguan 2.0T base model with 5/6-speed manual transmission, including \$1,395/\$1,610 freight and PDI, financed at 2.4%/2.9% APR for 84/72 months equals 182/156 bi-weekly payments of \$97.89/\$185.18. \$0 down payment. Cost of borrowing is \$1,431.20/\$2,413.33 for a total obligation of \$17,816.20/\$29,013.33. PPSSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. Models shown: 2013 Jetta 2.5L Highline, \$24,590 / Tiguan 2.0T Highline R-Line, \$41,125. Models shown for illustration purposes only. Models may not be exactly as shown. Certain conditions apply. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end April 30, 2013 and are subject to change or cancellation without notice. Visit vw.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Das Auto & Design", "Autobahn for All", "Jetta" and "Tiguan" are registered trademarks of Volkswagen AG. © 2013 Volkswagen Canada.



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FOR 48 MONTHS* WITH \$2,319 DOWN
PAYMENT/OAC AND \$0 SECURITY DEPOSIT



MODEL CR2E3DE

**2013 CANADIAN
CAR OF THE YEAR**



ENHANCED 2013 CIVIC DX BI-WEEKLY LEASE FOR

\$82@2.99%
APR

FOR 48 MONTHS* WITH \$1,529 DOWN
PAYMENT/OAC AND \$0 SECURITY DEPOSIT



MODEL FB2E2DEX

**CANADA'S FAVOURITE CAR
15 YEARS IN A ROW****

2013 CR-V LX BI-WEEKLY LEASE FOR

\$129@1.99%
APR

FOR 48 MONTHS* WITH \$2,463 DOWN
PAYMENT/OAC AND \$0 SECURITY DEPOSIT



MODEL RM3H3DES

**2013 IIHS TOP SAFETY PICK:
SMALL SUV**

OR GET UP TO \$4000
CASH INCENTIVES
ON OTHER
SELECT MODELS*

HondaOntario.com
Ontario Honda Dealers

**MAXIMUM CASH INCENTIVE AVAILABLE
ONLY ON 2013 PILOT MODELS**



HONDA

*Receive 0.99% purchase financing on any new 2013 Honda Fit DX (Model GE8G2DEX) // 2013 Honda Civic DX Sedan (Model FB2E2DEX) // 2013 Honda Accord LX Sedan (Model CR2E3DE) // 2013 Honda CR-V LX 2WD (Model RM3H3DES) // 2013 Honda Odyssey LX (Model RL5H2DE) // 2013 Honda RidgeLine DX (Model YK1F2DE) for a maximum of 24 // 24 // 24 // 48 // 36 // 24 months available through Honda Financial Services Inc., on approved credit. Representative bi-weekly Finance example: based on a 2013 Honda CR-V LX 2WD (Model RM3H3DES) on a 48 month term at 0.99% APR, complete price of \$27,765 [includes \$1,640 freight and PDI, EHF tires (\$29), EHF filters (\$1), A/C tax (\$100 except Civic DX & Fit DX), and OMVIC fee (\$5). Excludes taxes, license, insurance, and registration]. Cost of borrowing \$564.60 for a total finance obligation of \$28,329.60. Down payment or equivalent trade-in on purchase financing offers may be required based on approved credit from Honda Financial Services Inc. *Bi-weekly lease only available on 2013 Honda Fit // 2013 Honda Civic // 2013 Honda Accord // 2013 Honda CR-V models on 48 and 60-month terms only. Limited time lease offers on any new 2013 Honda Fit DX (Model GE8G2DEX) // 2013 Honda Civic DX Sedan (Model FB2E2DEX) // 2013 Honda Accord LX Sedan (Model CR2E3DE) // 2013 Honda CR-V LX 2WD (Model RM3H3DES) models available through Honda Financial Services Inc., on approved credit. Representative bi-weekly lease example: based on a 2013 Honda Fit DX (Model GE8G2DEX) // 2013 Honda Civic DX Sedan (Model FB2E2DEX) // 2013 Honda Accord LX Sedan (Model CR2E3DE) // 2013 Honda CR-V LX 2WD (Model RM3H3DES) on a 48 month term with 104 bi-weekly payments at 2.99% // 2.99% // 3.99% // 1.99% lease APR and \$100 // \$0 // \$400 // \$400 customer incentive deducted from the negotiated selling price before taxes (customer incentive can be combined with subsidized rates of interest offered by Honda as part of a low rate interest program). The bi-weekly payment is \$77 // \$82 // \$129 // \$129 [includes \$1,495 // \$1,495 // \$1,640 // \$1,640 freight and PDI, EHF tires (\$29), EHF filters (\$1), A/C tax (\$100 except Fit DX and Civic DX), and OMVIC fee (\$5)] with \$1,989 // \$1,529 // \$2,319 // \$2,463 down payment or equivalent trade-in, \$0 security deposit and first bi-weekly payment due at lease inception. Total lease obligation is \$9,997 // \$10,057 // \$15,735 // \$15,879. 96,000-kilometre allowance; charge of \$0.12/km for excess kilometres. *\$4,000 // \$2,500 // \$2,000 // \$2,000 // \$1,500 // \$1,500 // \$1,000 // \$750 // \$500 customer cash incentive is valid on any new 2013 Honda Pilot // 2013 Honda CR-V except CR-V LX 2WD (Model RM3H3DES) // 2013 Honda Odyssey except Odyssey LX (Model RL5H2DE) // 2013 Honda Crosstour // 2013 Honda Accord Coupe // 2013 Accord Sedan EX-L, Sport, LX CVT // 2013 Honda Accord Sedan Touring // 2013 Honda Civic Coupe & Sedan except Civic DX Sedan (Model FB2E2DEX) // 2013 Honda Fit except Fit DX 5MT (Model GE8G2DEX) models when registered and delivered between April 2nd and April 30th, 2013. Cash incentive is available for all Honda retail customers except customers who lease or finance through Honda Financial Services Inc. at a subsidized rate of interest offered by Honda as part of a low rate interest program. All advertised lease and finance rates are special rates. Cash incentive will be deducted from the negotiated price before taxes. For all offers: license, insurance, PSPA, other taxes (including HST) and excess wear and tear are extra. Taxes payable on full amount of purchase price. Offers only valid for Ontario residents at Ontario Honda Dealers. Dealer may sell/lease for less. Dealer order/trade may be necessary. Vehicles and accessories are for illustration purposes only. Offers, prices and features subject to change without notice. See your Ontario Honda Dealer or visit HondaOntario.com for full details. **Based on Association of International Automobile Manufacturers of Canada (AIAMC) data reflecting sales between 1997 and December 2012.

Parts Dept.

WHEELBASEMEDIA.COM

Sit on your favourite ride

You might not be able to park a '57 Corvette, Shelby Cobra, '51 Mercury or '57 "Shoobox Chevy" in your garage, but you can "drive" a sofa-sized version of your favourite classic at a more affordable price. Corbin-Pacific Inc. produces a line of automotive-themed loveseats made to resemble the rear ends of these and other famous automobiles (plus lounge chairs of famous motorcycles). All the individual pieces are available in a wide assortment of colours and all feature foam-padded, leather-covered seats (also available in a variety of shades). As an added touch, each chair also comes with faux exhaust pipes and taillights that actually light up, as well as lighting for the underside of the seat itself. Prices start at about \$4,400 US per loveseat or recliner from corbin.com/furniture.



Read the classics



One of the best car-buff books has to be Automobile Quarterly. This richly bound publication, which bills itself as "the connoisseur's publication of motoring — today, yesterday and tomorrow," has been around since 1962, yet rarely advertises beyond its website and doesn't display any advertising within its pages. What you get are expertly written and edited stories about significant automobiles past and present and the people who have contributed to making them great. Throw in some great current and historic photos plus excellent artwork and Automobile Quarterly becomes a must-

have, must-read book that would be a welcome addition to any enthusiast's library. A one-year subscription costs \$100 a year in Canada and can be ordered at autoquarterly.com

Give a gearhead ring

A ring with moving parts is sort of a rarity, but it's just the sort of gift that any mechanically inclined car buff would love to wear. Creator Glen Liberman from New York teamed up with "kinetic designer" Ben Hopson in developing the Gear Ring, a fascinating piece of stainless-steel finger jewelry complete with precision-made miniature gears that revolve in unison when the outer rings are turned (perfect for people who always need something handy to fiddle with). The Gear Ring is available in 10 standard sizes (a sizing chart can be downloaded from the company's Web site) and can be shipped worldwide for \$165 US. To watch the video or to order, head over to kinectdesign.com.



Hotrod BBQ sauce

Chrysler's ubiquitous "Hemi" V8 is one of North America's most recognizable engine brands. So it only makes sense that the automaker takes advantage of its notoriety and license the Hemi name for use on other products. Even food, such as the Hemi BBQ sauce that is being marketed by racing-parts specialists Arrington Performance. The contents come in a collectible 18-ounce (530-millilitre) glass jar that will make a great conversation piece at your next dinner or tailgate party. A jar retails for \$6 and can be obtained from shophemi.com.



GOODBYE WINTER. HELLO SAVINGS.



2014 FORESTER 2.5i

STARTING FROM **\$27,923*** LEASE PAYMENT **\$248** FOR 24 MONTHS*

\$2,848 DOWN* 2.9% LEASE RATE



2013 LEGACY 2.5i

STARTING FROM **\$25,423*** LEASE PAYMENT **\$228** FOR 48 MONTHS*

\$3,865 DOWN* 0.9% LEASE RATE

2013 IMPREZA 2.0i

STARTING FROM **\$21,923*** LEASE PAYMENT **\$198** FOR 48 MONTHS*

\$2,394 DOWN*
0.9% LEASE RATE



Confidence in Motion



Best Compact Car
2013 Subaru Impreza*



Top Safety Pick: 2013 Subaru Legacy.*
Subaru is the only manufacturer with 100% Top Safety
Pick for all models for the fourth year in a row.

JAPANESE ENGINEERED VEHICLES STANDARD WITH
SYMMETRICAL AWD



Alain Duquette,
SALES CONSULTANT

*Ratings of "Good" are the highest rating awarded for performance in four safety tests (moderate overlap front, side, rollover and rear) conducted by the Insurance Institute for Highway Safety (IIHS) (www.iihs.org). To earn a 2013 TOP SAFETY PICK, a vehicle must receive a "Good" rating in all four of these tests. *Based on ALG's 2013 Residual Value Award for Best Compact Car. *MSRP of \$18,995/\$25,995/\$23,495 on 2013 Impreza 2.0i 4-door (DFI) 8P/2014 Forester 2.5i (EJ1) XDI/2013 Legacy 2.5i (DA1) 8P. Lease rate of 0.9%/2.9%/0.9% for 48/24/48 months. Monthly payment is \$198/\$248/\$228 with \$2,394/\$2,848/\$3,865 down payment. Option to purchase at end of lease is \$18,565/\$28,437/\$11,201. Advertised pricing consists of MSRP plus charges for Freight/PDI (\$1,395), Air Tax (\$100), Tire Stewardship Levy (\$29.20), OMVIC Fee (\$5), Dealer Admin (\$199). Freight/PDI charge includes a full tank of gas. Taxes, license, registration and insurance are extra. \$0 security deposit. Models shown: 2013 Impreza 2.0i Limited Package 4-door (DFI) LP with an MSRP of \$26,895. 2014 Forester 2.5i Limited Package (EJ2) LP with an MSRP of \$33,295. 2013 Legacy 2.5i Limited (DA2) LNE with an MSRP of \$34,695. Dealers may sell or lease for less or may have to order or trade. Offers applicable on approved credit at participating dealers only. Lease based on a maximum of 20,000 km per year, with excess charged at \$0.10/km. Leasing and financing programs available through Subaru Financial Services by TCCL. Other lease and finance rates and terms available. down payment or equivalent trade-in may be required. Vehicles shown solely for purposes of illustration, and may not be equipped exactly as shown. Offers available until May 1, 2013. See Subaru Outaouais for complete program details.

ALL PRICES INCLUDE FREIGHT AND FEES. EXCLUDES HST AND LICENSING.

**TIRE INSTALLATION
FOR \$64**

Price may vary depending on size.
Offer expires April 30, 2013.

**AIR CONDITIONER
MAINTENANCE
ONLY \$180**

Reg.: \$217.99 Offer expires April 30, 2013.

Eric Perreault,
SERVICE MANAGER



QUALITY DRIVEN
PARTS & SERVICE



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FOR USED SUBARU'S

GREAT LOOKS AND LOW PAYMENTS RUN IN THE FAMILY.



GT model shown

2013 Mazda5 GS

FINANCE FROM
\$128⁺ AT 0.99% APR
BI-WEEKLY / FOR 84 MONTHS
WITH \$1,595 DOWN. ALL-IN FROM \$24,099. EXCLUDES HST.

2013 Mazda3 GX

FINANCE FROM
\$89⁺ AT 0.99% APR
BI-WEEKLY / FOR 84 MONTHS
WITH \$1,595 DOWN. ALL-IN FROM \$17,299. EXCLUDES HST.

MONTHLY LEASE OFFER
\$145^{*} AT 2.49% APR
PER MONTH / FOR 48 MONTHS
WITH \$1,595 DOWN. EXCLUDES HST.

2013 CX-9 GS

FINANCE FROM
\$196⁺ AT 2.99% APR
BI-WEEKLY / FOR 84 MONTHS
WITH \$3,995 DOWN. ALL-IN FROM \$36,099. EXCLUDES HST.



GT model shown

GT model shown

2014 Mazda6 GX

FINANCE FROM
\$149⁺ AT 3.99% APR
BI-WEEKLY / FOR 84 MONTHS
WITH \$2,695 DOWN. ALL-IN FROM \$26,401. EXCLUDES HST.

2014 CX-5 GX with SKYACTIV TECHNOLOGY

FINANCE FROM
\$139⁺ AT 3.99% APR
BI-WEEKLY / FOR 84 MONTHS
WITH \$2,995 DOWN. ALL-IN FROM \$25,099. EXCLUDES HST.

2014 CX-5 NOW AVAILABLE
WITH A NEW, MORE POWERFUL
2.5 L 184-HP SKYACTIV ENGINE.

0% PURCHASE FINANCING⁺

ON SELECT MODELS

SCAN TO FIND YOUR NEAREST MAZDA DEALER



VISIT MAZDA.CA FOR MORE DETAILS.

zoom-zoom



⁺0% APR Purchase Financing is available on select new 2013 Mazda vehicles. Terms vary by model. Based on a representative agreement using an offered pricing of \$17,299 for the new 2013 Mazda3 GX (D4XS53AA00) with a financed amount of \$15,000, the cost of borrowing for a 72-month term is \$0, monthly payment is \$208.33, total finance obligation is \$15,000. Finance Pricing for new 2013 Mazda5 GS (E6SD63AA00)/2013 Mazda3 GX (D4XS53AA00)/2013 CX-9 GS (QVSB83AA00)/2014 Mazda6 GX (G4XL64AA00)/2014 CX-5 GX (NVXK64AA00) is \$24,099/\$17,299/\$36,099/\$26,401/\$25,099 financed at 0.99%/0.99%/2.99%/3.99%/3.99% over 84/84/84/84/84 months equals bi-weekly payments of \$128/\$89/\$196/\$149/\$139 with \$1,595/\$1,595/\$3,995/\$2,695/\$2,995 down payment, cost of borrowing is \$793/\$553/\$3,495/\$3,482/\$3,247 with a total obligation of \$24,892/\$17,852/\$39,594/\$29,883/\$28,346. As shown, 2014 CX-5 GT (NXTK84AA00)/2013 CX-9 GT AWD (OXTB83AA00) is \$35,356/\$46,856 financed at 3.99%/2.99% over 84/84 months equals bi-weekly payments of \$204/\$261 with \$2,995/\$3,995 down payment, cost of borrowing is \$4,754/\$4,666 with a total obligation of \$40,110/\$51,522. Offers include freight, P.D.E. and fees. Offers exclude HST. *Offer available on retail leases of new 2013 Mazda3 GX (D4XS53AA00) with a lease APR of 2.49% and monthly payments of \$145 for 48 months, the total lease obligation is \$8,535, including down payment of \$1,595. Lease payments include freight and P.D.E. of \$1,695. 20,000 km per year mileage allowance applies; if exceeded, additional 8¢ per km applies (12¢ per km for CX-9 models). Offer excludes HST. Offered leasing available to retail customers only. Lease offers vary by region and by trim level/model. See mazda.ca or your dealer for lease available vehicles. Licence, insurance, taxes and down payment are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Offers valid April 2nd - 30th, 2013 while supplies last. Lease and finance on approved credit for qualified customers only. Offers subject to change without notice. Visit mazda.ca or see your dealer for complete details.

Horoscopes

Aries

March 21 - April 20

Think before you act and resist the urge to be provocative. You may think you can get away with just about anything but that isn't true, and will be even less true as the week goes on.

Taurus

April 21 - May 21

You would like to make an intelligent assessment of a situation but how can you when the facts are confusing? Don't worry. A few days from now everything will be clear and you'll know what to do.

Gemini

May 22 - June 21

Today's link between Jupiter in your sign and your ruling planet Mercury will encourage you to see things in a more open and optimistic fashion. Life is as good as you want to make it, today and every day.

Cancer

June 22 - July 23

Take care when dealing with people in positions of power because some of them are in a touchy mood. Wherever possible, keep a distance between you.

Leo

July 24 - Aug. 23

You may have strong opinions about certain issues but if you are smart, you won't make a big deal of them. Even if facts and figures are on your side just keep quiet and let others argue among themselves.

Virgo

Aug. 24 - Sept. 23

You will say too much today. With your ruler Mercury nicely linked to Jupiter, planet of excess, you just can't keep your mouth shut. And why should you when you're right?

Libra

Sept. 24 - Oct. 23

According to the planets, you are in the mood to say and do things that shock. That's OK but make sure you know what the possible consequences could be, especially the financial consequences.

Scorpio

Oct. 24 - Nov. 22

You may be feeling quietly confident about your chances but if you are wise you won't take anything for granted over the next 48 hours.

Sagittarius

Nov. 23 - Dec. 21

Honesty is your best policy today, even if it means telling a friend something they may not want to hear. Jupiter, your ruler, will help you say it in a way that doesn't hurt their feelings.

Capricorn

Dec. 22 - Jan. 20

If it feels right to make a snap decision today then do so. Even if you are acting on limited information there is every chance you will reach the right conclusion, and maybe hit the jackpot financially too.

Aquarius

Jan. 21 - Feb. 19

You need to make a decision about your work but you are torn between two different approaches. How do you resolve this dilemma? A second opinion will help you establish your own opinion.

Pisces

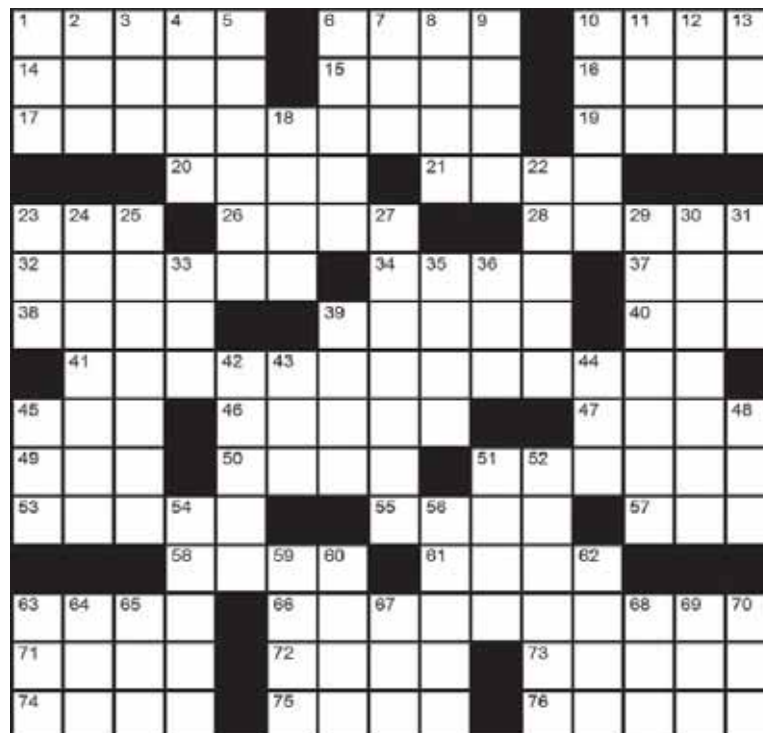
Feb. 20 - March 20

You will need to put on a brave face, especially if you get news that seems to be the opposite of what you were hoping to hear. The key word there is "seems", because most likely it is good news. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- "___ I Say" by Ray Charles
- Cooking amt.
- Shania Twain's "I ___ No Quitter"
- "Well, golly!"
- Competed, ___ race
- Midday
- Movie reviewer: 2 wds.
- Fair
- Gull-like bird
- Money in Mexico
- World Series org.
- Finales
- ___, Oklahoma
- Tenner, in time
- Scotch stuff; it's sticky
- Job, for short
- Chat
- "Rio" band, when doubled
- Rocker Mr. Adams, to pals
- Who writes Metro's In Focus column?: 2 wds.
- 6's phone letters
- Ornamental containers
- Base
- Eggs come in one [abbr.]
- San __, Italy
- Fabric softener brand
- Fashion mag
- Unaccompanied



- Greek alphabet's 17th letter
- Drawn dog
- Dove sounds
- Canadian telecom company
- On-camera acting audition: 2 wds.
- Seed's protector
- 'Bul' add-on

- (Country in Europe)
- "Best ___ Had" by Drake
- Count on
- Trevor ___ (Tony-winning Cats director)
- Antique-style water carriers
- Panda-symbol org.

- Masses, with Polloi
- Pointy tool
- Canadian coffee chain, affectionately
- Like some backyards
- Set of three
- Ghost's pet
- Cut
- Walking speed

- Variety of pear
- Promise to pay
- Yeses opposites
- AC/DC song: "___"
- Written symbol of yore
- Shorthand, shortly
- Summer hrs. in Alberta

- Foo Fighters song: "___ Fly"
- CFL players in the West: acronym + wd.
- MGM and Paramount, and others
- East Coast catch
- Newfoundland rum
- 'Delic' suffix
- US dog org.
- Bows
- ___ excellence
- Snare, for one
- Bible king
- 'Passion' suffix
- Function
- 1200 in ancient Rome
- Tip to 'pia' (Near-sightedness)
- Ice mass
- Canuck coin
- Canadian actress Ms. Parker
- 'Caribbean Queen' singer Billy
- "This ___ unexpected surprise!"
- Light brown
- K-___ ('Twilight' flicks actress, nicknamed)
- Chocolate ___
- Earlier, olde-style
- Abner of comics
- Tin Tin's lead-in
- Adam and ___
- Religious address, briefly
- Mr. Knight's, formerly of "Grey's Anatomy"

Yesterday's Crossword

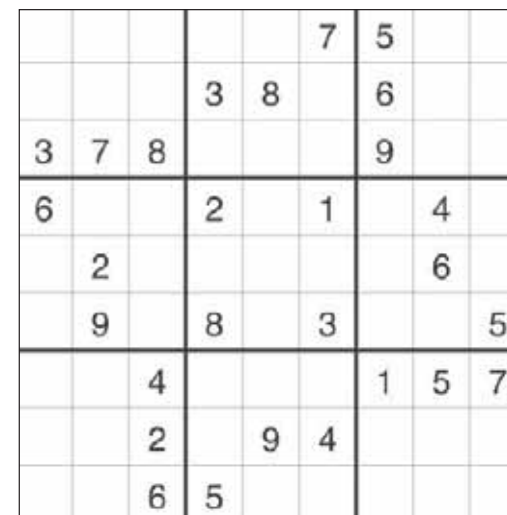


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Know what the weather
will be 14 days from now.
Check the 14 day trend.

©The Weather Network 2013



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NEW POSSIBILITIES.™**DOUBLE
SAVINGS
EVENT****0%[†]**
FINANCING
FOR UP TO**84** MONTHS

ON SELECT MODELS

**PAY ONLY**
99¢/L
UNTIL 2014*

GLS model shown

**2012 BEST NEW
SMALL CAR
(UNDER \$21K)****2013 ACCENT**SELLING PRICE: \$14,930*
ACCENT 4 DR L 6-SPEED MANUAL.
DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.HWY: 5.3L/100 KM
CITY: 7.1L/100 KM*OWN IT
\$82
BI-WEEKLY
PAYMENTWITH
0%[†]
FINANCING FOR
84 MONTHSAND
\$0
DOWN
PAYMENT**FEATURES INCLUDE:**
• 1.6L GDI ENGINE
• FRONT ACTIVE HEADRESTS
• FRONT, SIDE & CURTAIN AIRBAGS
• POWER DOOR LOCKS
• AM/FM/CD/MP3/USB/iPOD® AUDIO SYSTEM

Limited model shown

**2012 CANADIAN AND
NORTH AMERICAN
CAR OF THE YEAR****2013 ELANTRA**SELLING PRICE: \$16,980*
ELANTRA L 6-SPEED MANUAL.
DELIVERY, DESTINATION, FEES & \$500 IN
PRICE ADJUSTMENTS* INCLUDED. PLUS HST.HWY: 5.2L/100 KM
CITY: 7.1L/100 KM*OWN IT
\$94
BI-WEEKLY
PAYMENTWITH
0%[†]
FINANCING FOR
84 MONTHSAND
\$0
DOWN
PAYMENT**FEATURES INCLUDE:**
• 6 AIRBAGS
• iPOD®/USB/AUXILIARY INPUT JACKS
• POWER WINDOWS & DOOR LOCKS
• ABS WITH TRACTION CONTROL SYSTEM
• DUAL HEATED POWER EXTERIOR MIRRORS

Tech. model shown

**2012 BEST NEW DESIGN
2012 BEST NEW SPORTS/
PERFORMANCE CAR
(UNDER 50K)****2013 VELOSTER**SELLING PRICE: \$21,330*
VELOSTER 6-SPEED MANUAL.
DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.HWY: 5.3L/100 KM
CITY: 7.1L/100 KM*OWN IT
\$126
BI-WEEKLY
PAYMENTWITH
1.99%[†]
FINANCING FOR
84 MONTHSAND
\$0
DOWN
PAYMENT**FEATURES INCLUDE:**
• AIR CONDITIONING
• 7" LCD SCREEN WITH REARVIEW CAMERA
• BLUETOOTH® HANDS FREE PHONE SYSTEM
• 17" ALLOY WHEELS
• iPOD®/USB/AUXILIARY INPUT JACKS

Limited model shown

**2013 CANADIAN
UTILITY VEHICLE
OF THE YEAR****2013 SANTA FE**SELLING PRICE: \$28,395*
SANTA FE 2.4L FWD AUTO.
DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.HWY: 6.7L/100 KM
CITY: 10.1L/100 KM*OWN IT
\$168
BI-WEEKLY
PAYMENTWITH
1.99%[†]
FINANCING FOR
84 MONTHSAND
\$0
DOWN
PAYMENT**FEATURES INCLUDE:**
• SIRIUS XM RADIO WITH BLUETOOTH®
HANDS FREE PHONE SYSTEM
• HEATED FRONT SEATS
• FOG LIGHTS
• ACTIVE ECO SYSTEM**5 YEAR
WARRANTY**5-year/100,000 km Comprehensive Limited Warranty**
5-year/100,000 km Powertrain Warranty
5-year/100,000 km Emission Warranty**HYUNDAI**
HyundaiCanada.comNEW THINKING.
NEW POSSIBILITIES.™

*The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. †Finance offers available O.A.C. from Hyundai Financial Services based on a new 2013 Accent 4 Door L 6-Speed Manual/ Elantra L 6-Speed Manual (includes \$500 in price adjustments)/Veloster 6-Speed Manual/ Santa Fe 2.4L FWD Auto with an annual finance rate of 0%/0%/1.99%/1.99% for 84 months. Bi-weekly payments are \$82/\$94/\$126/\$168. No down payment required. Cost of Borrowing is \$0/\$0/\$1,538/\$2,048. Finance offers include Delivery and Destination of \$1,495/\$1,495/\$1,760 fees, levies, and all applicable charges (excluding HST). Finance Offers exclude registration, insurance, PPSA and license fees. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. Financing example: 2013 Elantra L 6-Speed Manual for \$16,980 at 0% per annum equals \$94 bi-weekly for 84 months for a total obligation of \$16,980. Cash price is \$16,980. Cost of Borrowing is \$0. Example price includes Delivery and Destination of \$1,495, fees, levies, and all applicable charges (excluding HST). Example price excludes registration, insurance, PPSA and license fees. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. ‡Fuel consumption for 2013 Accent 4 Door L 6-Speed Manual (HWY 5.3L/100KM; City 7.1L/100KM)/Elantra Sedan L 6-Speed Manual (HWY 5.2L/100KM; City 7.1L/100KM)/Veloster 6-Speed Manual (HWY 5.3L/100KM; City 7.1L/100KM)/Santa Fe 2.4L FWD Auto (HWY 6.7L/100KM; City 10.1L/100KM) are based on Energuide. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. *Price of models shown 2013 Accent 4 Door GLS Auto/Elantra Limited/Veloster Tech 6-Speed Manual/Santa Fe 2.0T Limited AWD is \$20,230/\$24,930/\$24,930/\$40,395. Prices include Delivery and Destination charges of \$1,495/\$1,495/\$1,760, fees, levies, and all applicable charges (excluding HST). Prices exclude registration, insurance, PPSA and license fees. †Price adjustments are calculated against the vehicle's starting price. Price adjustments of up to \$500 available on 2013 Elantra Sedan. Price adjustments applied before taxes. Offer cannot be combined or used in conjunction with any other available offers. Offer is non-transferable and cannot be assigned. No vehicle trade-in required. *Purchase, finance or lease an in-stock 2013 Accent/Elantra/Elantra Coupe/Elantra GT/Veloster/Genesis Coupe/Santa Fe Sport/Santa Fe XL/Tucson/2012 Sonata HEV during the Double Savings Event and you will receive one \$0.99 per litre Esso Price Privileges Fuel Card (including applicable taxes). The \$0.99 per litre Esso Price Privileges Card is issued by Esso and is subject to the terms and conditions of the Esso Price Privileges Fuel Card agreement. Customers in the provinces of New Brunswick, Nova Scotia, Newfoundland & Labrador, Prince Edward Island (collectively, "Atlantic Provinces") and Quebec will receive a maximum benefit of \$0.55 per litre in the event that gas prices increase above \$1.54 during the card activation period. Customers in the provinces of Ontario and Manitoba will receive a maximum benefit of \$0.50 per litre in the event that gas prices increase above \$1.49 during the card activation period. Customers in the Atlantic Provinces, Quebec, Manitoba and Ontario will receive a minimum discount of \$0.30 per litre in the event that gas prices decrease below \$1.29 per litre in these provinces. All Fuel Cards expire on December 31st, 2013. Fuel cards are valid only at participating Esso retail locations (excluding the province of British Columbia) and are not redeemable for cash. Fuel Cards cannot be used in the province of British Columbia. Fuel Cards can only be used on Regular, Extra and Premium motor vehicle grade fuel purchases only. Price with Fuel Card of \$0.99 per litre applies to Regular grade fuel only. Price with Fuel Card on Extra and Premium grade fuels are \$1.12 and \$1.18 per litre, respectively. Price Privileges Card must be used in combination with another form of payment accepted at Esso stations in Canada (excluding British Columbia) and is redeemable in-store only. Only one Price Privileges Card can be used per transaction. Based on Energuide combined fuel consumption rating for the 2013 Accent Auto (6.3L/100km)/Elantra Auto (6.3L/100km)/Elantra Coupe Auto (6.6L/100km)/Elantra GT Auto (6.6L/100km)/Veloster 1.6L Auto (6.3L/100km)/Genesis Coupe 2.0L Auto (6.6L/100km)/Santa Fe 2.4L Auto (6.7L/100km)/Santa Fe Sport 2.4L FWD Auto (6.6L/100km)/2012 Sonata HEV Auto (5.3L/100km) and the combined fuel consumption rating for the 2013 Santa Fe XL 3.3L FWD (9.9L/100km) as determined by the Manufacturer as shown on www.hyundaincanada.com at 15,400km/year which is the yearly average driving distance as referenced by Transport Canada's Provincial Light Vehicle Fleet Statistics, 2011, minus one full tank of fuel provided at the time of delivery of 2013 Accent (43L), Elantra (48L), Elantra Coupe (50L), Elantra GT (50L), Veloster (50L), Genesis Coupe (65L), Sonata (70L), Sonata HEV (65L), Tucson (58L), Santa Fe Sport (66L), Santa Fe XL (71L), 2012 Sonata HEV (65L), this is equivalent to \$0.99 per litre gas up to a total of 725 Litres (2013 Accent/Elantra/Elantra Coupe/Elantra GT/Veloster), 800 Litres (2013 Sonata/2013 Sonata HEV/2012 Sonata HEV) and 1,000 Litres (2013 Genesis Coupe/Tucson/Santa Fe Sport/Santa Fe XL). Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. ††*Offers available for a limited time, and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.

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